



Meet your new mayor

Read our exclusive interview with Mayor John Biggs

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Swinging out at Crisp Street

Market comes alive with jive at 1950s-style festival

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ISSUE 1067 6 - 12 JULY 2015

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eastendlife

NEWS FROM TOWER HAMLETS COUNCIL AND YOUR COMMUNITY

HELPING FAMILIES BUILD BETTER LIVES

More than 1,100 helped as scheme completes successful first year

BY SHALINA HUSSAIN

A TRAILBLAZING council scheme, which has turned around the lives of hundreds of local families, celebrated its first anniversary this week.

The Troubled Families scheme, which has helped 1,120 families in Tower Hamlets overcome difficulties, completed its first year on July 2.

The national strategy was introduced by the government to reduce anti-social behaviour and crime, to encourage families back

into work and improve school attendance.

The council launched its local initiative at a high-profile conference last year to share best practice with all agencies working with families.

As a result, it has achieved a 100 per cent success rate against tough government targets.

The programme aims to help families, described by the government as being among the hardest to reach, who face multiple problems including school truancy, involvement with crime and adults who are out of work.

The council is now working on delivering phase 2 of the programme, to work with an additional 3,980 families over a five-year period.

Mayor John Biggs said: "The Troubled Families programme has made a real difference to those who are the most vulnerable and feel they have no one to turn to."

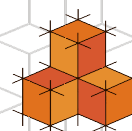
"Our committed staff and partners have done an amazing job to give families a better chance in life than they had before."

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GET FIT WITH RICK



KAISER Chiefs frontman and The Voice judge Ricky Wilson came to Marion Richardson Primary School to encourage kids to exercise every day. See page 2 for the full story.



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Taking action

To sign up for the Change4Life 10 Minute Shake Up campaign or to view games and content visit...

WWW.NHS.UK/10-MINUTE-SHAKE-UP



Take part in UK-wide sport lesson

Schools are being invited to join Ricky Wilson in England's largest interactive PE lesson. Search online for 'Change4Life and schools' or visit the Vimeo page at www.vimeo.com/Change4Life

SEE BELOW

News

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Ricky Wilson puts pupils through their paces at Marion Richardson School in Stepney. Below: Ricky performs a handstand

PE gets star treatment

BY HELEN WATSON

ROCK star Ricky Wilson went back to school this week, to take part in a children's exercise campaign.

The Kaiser Chiefs lead singer and judge on *The Voice* went to Marion Richardson School in Stepney to launch Change4Life's 10 Minute Shake Up campaign.

Sponsored by entertainment giant Disney, the campaign aims to encourage children to do ten-minute bursts of moderate to vigorous activity, throughout the day, every day, to meet the recommended 60 minutes of physical activity children need.

Ricky's unannounced visit was a surprise to pupils, who joined him in a special 10 Minute Shake Up routine.

The star, who is a keen runner and fitness enthusiast, has also produced an

exercise video, which will be available to all London schools.

This campaign coincides with the publication of a report by the British Heart Foundation and researchers from the University of Oxford and Loughborough University, on the positive effect physical activity has on children's physical, social and emotional development.

The review says physical activity and sport improves children's social skills and self-esteem, gives them increased confidence and helps them make friends.

More than a third of children in the UK are overweight, yet 79 per cent of parents with an overweight child do not recognise they are and, of those who do, almost half do not realise it



is a health risk. The campaign features a Change4Life 10 Minute Shake Up game, which allows kids to join one of four Disney teams: Frozen, Toy Story, Monsters and Big Hero 6. Gamers can help their team win by doing as many Shake Ups as they can every day.

"Since taking up a much more active lifestyle, the benefits that I've gained have been endless, it has helped with everything from singing to performing and even just getting out of bed or going to the shops," Ricky said.

"I'm asking parents to encourage their children to enjoy the many health and social advantages that come with doing the right amount of physical activity. I'm excited to see how it goes and just hope I can keep up with the kids."

Inside this week's issue

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Off benefits and back into work

“These are all families where kids are back in school and youth crime and anti-social behaviour has been cut, and an adult has now moved off benefits and into work.”

LOUISE CASEY, DIRECTOR GENERAL OF THE NATIONAL TROUBLED FAMILIES PROGRAMME



Alfie pops in

Soap star Shane Richie made a surprise visit to Tower Hamlets College.

SEE BELOW

News

ALBERT Square seemed a world away when actor Shane Richie, Alfie Moon in BBC soap *EastEnders*, dropped in to Tower Hamlets College. Shane made a special guest appearance at an end-of-year awards ceremony on Wednesday, July 1 to hand out certificates to early years and childcare students. Students, who successfully completed their courses at the Poplar college, were unaware of the visit, which was secretly organised by early years tutor Bobbi Ehsan. The soap star posed for photos and answered questions about his career. Father-of-five Shane wished students the very best in their future careers. Ms Ehsan said: “The look of surprise on my students’ faces when Shane walked in made it all worthwhile.”



News in brief

Blaze in car wash

TWO people escaped from a fire at a workshop in railway arches in Rounton Road, Bow.

The pair left the premises before the fire brigade arrived and were uninjured.

Half of the workshop and four cars were damaged by the blaze, which broke out on Thursday, July 2.

Free guided rides

CYCLISTS are invited to take part in a range of themed guided bike rides taking place throughout the summer.

British Cycling and Sky, in partnership with Transport for London, have scheduled more than 200 free rides across the capital. Guided by leaders, the rides will appeal to all abilities.

To register for a free guided bike ride, visit www.goskyride.com/london

‘Turning around’ troubled families

Continued from page 1

The latest figures released by the government reveal 1,120 families were identified as being in need of intervention in Tower Hamlets—the highest figure in the 32 London boroughs.

Of these families, all have been officially ‘turned around’, meaning children are now regularly attending school and parents are back in work and adults and/or children are no longer involved in crime or anti-social behaviour.

The council addresses the problems by assigning a professional to work closely with the family.

The worker will then liaise with agencies who are involved with the family, accompany adults to meetings at school about truancy or poor attendance, offer support to help them understand the importance of school and education, as well as helping parents write CVs and look for work.

Louise Casey, director general of the national programme, said: “These are all families where kids are back in school and youth crime and anti-social

behaviour has been cut, and an adult has now moved off benefits and into work.”

For details, email nikki.bradley@towerhamlets.gov.uk

Case Study – single parent dad with four children, aged 7 to 13

THE family had been involved in a difficult divorce. The father had won custody but then had to give up his job to look after his kids. The children were having nightmares and behavioural challenges at school. The father was on benefits but they were stopped. As the father left work voluntarily, the family faced eviction.

The case was referred to the council’s Family Intervention Programme (FIP) and a support worker set about helping to stabilise the family’s situation and supporting the dad to find a job. The worker visited up to three times a week and liaised with partner agencies to help the family. This included reinstating benefits and accessing family therapy. They worked with the father to improve his employability skills and Housing Options identified properties where the family could be re-housed. The father found a part-time job and the family were re-housed in the borough.

The family stayed together and have a stable life, where they no longer need intervention.

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To find out more about the Sound Insulation Scheme and what is included within the First Tier and Second Tier Schemes please visit www.lcacc.org/noise.

For those already treated under the Sound Insulation Scheme the airport provides a 10 year check-up, for further information please visit www.lcacc.org/noise.

If you require any further information about the Sound Insulation Scheme please contact the schemes administrator on 0203 203 2397 or alternatively email us at environment@londoncityairport.com.



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HUMANAPPEAL.ORG.UK

Life before politics

“I worked in the City for a few years. Before that, I worked in John Cass School where I was a lab technician.”

JOHN BIGGS, SEE BELOW

Interview

East End Life talks to new Mayor of Tower Hamlets **John Biggs** at the Town Hall in Poplar.

Tell our readers a bit about yourself.

I am John Biggs, I am the Mayor of Tower Hamlets. I am 57 and I live in Stepney.

I’ve been involved in politics for quite a few years; before that I worked in the City of London for a few years. Before that, I worked in John Cass School where I was a lab technician.

I grew up in north London, went to university in Bristol and then later in London too. I was leader of the council 20 years ago, then I was elected to City Hall as a Labour member of the London Assembly for City and East constituency, which I will continue to do until next May.

Your principles, where do they come from?

I came from a non-political family. I went to university and I was planning to be an academic but that didn’t quite work out because I lost interest, and maybe wasn’t clever enough!

I came to live in east London and I think just living alongside and working with people in the community turned me political. There were lots of people who wanted things to happen but didn’t quite know how – they didn’t have the power or the muscle to change things.

I got involved in politics to help people get better control over their lives.

I started to get involved with my tenants association and I put my name forward for the council. I was elected in a by-election in 1988 in Wapping and I’ve been a representative of the borough ever since.

You must like it in Tower Hamlets.

I love east London. After university, I wasn’t too sure what to do and the East End gave me a sense of direction and purpose that I didn’t really have before.

I’ve never been driven by the urge to have a great career, I’m not that bothered about money, but I do love my job and the borough.

What interests you, apart from politics?

I love travelling and I particularly like cities. Outside London my favourite city in the UK is probably Manchester.

Internationally, I’m very attached to New York. I’ve been five or six times. It’s very similar to London in many ways.

I used to like going to exhibitions but the problem with political life is that it doesn’t give you much time to do other things. I would like to get a slightly better work/life balance, to which end, becoming

“I want to make this great borough even better”



MAYOR John Biggs (pictured above with business development manager Sammera Ali) unveiled a new Human Appeal charity shop at 138 Whitechapel Road on Thursday, July 2.

Human Appeal is one of the UK’s fastest growing charities. It has a presence in 25 countries, spanning Asia, Africa, Europe and the Middle East. It helps in times of crisis, to deliver sustainable development programmes in the world’s poorest nations.

Mayor Biggs said: “It has been a privilege to open a new branch of what is a wonderful charity.”

Visit humanappeal.org.uk

the Mayor of Tower Hamlets seems like a bad career move!

What are the major issues or problems that affect residents?

The most immediate challenge for me as mayor is restoring the reputation and sense of direction for the council. I want to get a good management team in place – we have very good people already but we’ve had people in interim positions for a while and I’d like some permanence.

I’d like us to return to a greater sense of politeness in the council chamber and in the business we do. There’s been too much aggressive politics and the reality is that most people in our borough want to get on with each other and not play silly political games. That doesn’t mean you can’t have deep political differences but we can do politics in a more civilised fashion.

We need to give staff in the council a strong sense of direction – we are not a badly run council but we could be better still.

My second priority is dealing with the massive rate of change – budget pressures, change in population growth and key services. We can find new ways of dealing with

these challenges of growth – it’s not going to be easy but we can make a much stronger performance.

Third would be affordability. People have been squeezed out of the borough by the thousand, by the sheer unaffordability of housing. We can’t stop that process absolutely, but I’d like to see more affordable housing available.

And if we can help people to secure employment and improve their household incomes, that will make life easier as well.

Our council needs to campaign vigorously for its residents and for local needs but we also need to make it clear that the rest of the capital needs to play a bigger part in providing London’s housing needs. Tower Hamlets has taken an awful lot of the strain and other people should do a lot more.

I want to improve quality of life for people. Most people choose to live in Tower Hamlets, they like the quality of life here and it’s a great place to live.

But we can do more to make it even more of an attractive place – tackling crime and anti-social behaviour, improving the quality of the environment, street cleaning, parks and public facilities, together

with encouraging others to provide better shopping and leisure facilities.

Above all, I want to be transparent. I have campaigned for greater transparency at City Hall and I want it to happen here as well. It means that when we make decisions, we need to explain why we’re making them, consult with people about what we plan to do and recognise that sometimes there might be bits that people don’t like, but that by explaining and listening we can make better decisions.

I think one of the reasons that politicians have a bad name is because sometimes they exercise their power without listening.

What’s your favourite building or open space in the borough?

Rather than favourites, I think what makes life interesting is variety.

I quite often walk from Stepney to Mulberry Place, or to meetings up in Bromley by Bow, or through Spitalfields, and you can take lots of little routes down back streets, to get a sense of the borough.

I like buildings which have been used for a good purpose, so I like the Idea Store in Whitechapel – it’s actually a very beautiful building in lots of ways and it does what a library should do.

I quite like the old Royal London hospital building but I think the new one provides good health care for local people. I like some of our new housing estates, both private and public.

I like Victoria Park and King Edward Memorial Park and being able to look at the river. When I first came to the borough, I’d quite often go and sit in a little park next to the police station in Wapping, a little tiny place where you could watch the boats go by. It is very peaceful.

Finally, if you had a guest visiting, what would you take them to see?

I’d take them to see the river, the Tower of London. If they had all day, I’d take them on a walk that starts from the Tower, up to Bow via Whitechapel and down to the river again, to give them a feel for the texture of the borough and a sense of the place.

When I visit foreign cities, I quite often get up very early in the morning, walk around and watch the place coming to life – that’s very interesting.

“I got involved to help people get better control over their lives.”

Mayor John Biggs

Confidence building

Tower Hamlets Education Business Partnership runs a range of projects to help pupils develop their confidence.

THEBP.ORG



Fruits of their labours

St Paul's School has been growing lettuce, spinach, lal shak, chard, peas, beans, tomatoes and potatoes. There is also a rhubarb patch, edible flowers, willow teepees and a wormery.

SEE BELOW

Schools news



PUPILS took time out of the classroom to sell products on a market stall.

Virginia Primary School in Bethnal Green sold handmade products at Petticoat Lane Market on Thursday, June 25, with support from volunteers. The stall was part of a business, enterprise and employability programme delivered by Tower Hamlets Education Business

Partnership in 16 schools across Tower Hamlets. Year 6 pupils at Virginia have been working with volunteers from Prudential, getting hands-on experience and developing their business skills. After considering their company names, logos, and unique selling points, they created tote bags, picture frames, mini flower pots and fridge magnets to sell.

Growing to be healthy

BY JESSICA ODUBAYO

GREEN-fingered staff and pupils at St Paul's Whitechapel C of E Primary School welcomed chef and restaurateur Cyrus Todiwala to the launch of a food growing project in the school garden.

Edible Playgrounds is a project led by Trees for Cities to give schools in urban areas the chance to grow food in their playgrounds.

Cyrus, whose restaurant Café Spice Namaste is in Tower Hill, will be buying produce harvested in the playgrounds to use in his restaurant.

The scheme benefits children's health and education by integrating outdoor learning



Umyma waters plants, watched by Mahima and Aamila

into the school curriculum.

By transforming school grounds into fully functional food growing spaces, the scheme helps children to be

active outside – getting them excited about growing and understanding where food comes from.

St Paul's has been growing

lettuce, spinach, lal shak, chard, peas, beans, tomatoes and potatoes.

It also has a herb garden with sensory plants and a pollinator garden to attract bees, butterflies and other insects to help the plants grow.

There is also a rhubarb patch, edible flowers, willow teepees and a wormery to create compost for healthy soil.

Mr Todiwala said: "I personally believe that children will appreciate food most if they know where it comes from.

"Being in the middle of the city we do not always have the opportunity to understand what farmers and producers can, so edible playgrounds are an excellent way to expose children to nature."

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FIFTEEN pupils from Guardian Angels Catholic Primary School in Mile End display their medals after taking part in the City of London Mile race.

A spokesman for the school said taking part in the event continued efforts to encourage all youngsters to maintain a fitter and healthier lifestyle. Pupils took part in the Hackney Half School's Challenge Mile in May.



YOUNGSTERS from Malmesbury Primary School celebrate winning the Engage to Compete schools' activity challenge. Their prize was £1,000 of staff training and resources for the school, to enhance playground activities. Pupils have been taking part in a range of physical activities and challenges since January and a competition week gave them the chance to show the improvement in their fitness and skills.



Promoting independent living

Action For Kids empowers young disabled people and promotes an independent lifestyle by providing employment and training opportunities and equipment unavailable on the NHS.

WWW.ACTIONFORKIDS.ORG

Breathe it in

Tower Hamlets Zero Emissions Network aims to improve air quality by helping businesses cut pollution.

WWW.TOWERHAMLETS.GOV.UK

News

Free event offers energy advice

THE Zero Emissions Network (ZEN) is hosting a pop-up event on Friday, July 10 to encourage businesses to sign up.

ZEN was established to improve air quality in the borough by helping businesses reduce pollution.

This helps firms save money and improve the health of their

staff. The project offers free energy advice and eco-audits which assess a company's heating, lighting, insulation, water usage and waste management processes.

ZEN staff will be promoting the project with a display of cargo bikes and electric cars.

Bicycle mechanics will also be on hand to offer free bike repairs.

The event will be held at Christ Church Spitalfields from 10.30am-2.30pm.

Cllr Ayas Miah, cabinet member for environment, said: "Air pollution continues to be a concern in Tower Hamlets.

"The award-winning Zero Emissions Network helps businesses receive expert advice to reduce their emissions."



Jack and Jack cool off in the sun in Victoria Park

Keeping cool as weather hots up

Top tips on how to cope with soaring temperatures

BY ANNA WILSON

WITH the recent bout of super-hot weather, the council's public health team has issued top tips for staying cool.

As thermometers hit 35°C, clinicians are warning residents to take care in the extreme temperatures.

Tips include:

- Keep out of the sun between 11am to 3pm.
- Wear UV sunglasses, preferably wraparound, to reduce exposure to the eyes.
- Walk in the shade.
- Apply sunscreen of at least SPF15 with UVA protection.

- Wear a hat and light scarf.
- Wear light, loose-fitting cotton clothes.
- Drink lots of cool drinks.
- Look out for others especially vulnerable groups such as the older people, young children and babies and those with serious illnesses.

■ Never leave anyone in a closed, parked vehicle, especially young children or animals.

Muslims observing Ramadan are advised to ensure they balance food and fluid intake between fasts and especially to drink enough water.

■ If you start to feel unwell, disoriented or confused, or collapse or faint, advice is to stop

fasting and have a drink of water or other fluid. This is especially important for older adults, those with poorly controlled medical conditions such as low/high blood pressure, diabetes and those who are receiving dialysis treatment.

■ The Muslim Council of Britain has confirmed that breaking fast in such conditions is allowed under Islamic law. Also make sure to check on others who may be at greater risk.

For more information visit NHS Choices www.nhs.uk/livewell/summerhealth/pages/summerhealthhome.aspx

For up-to-date weather visit www.metoffice.gov.uk



DISABILITY charity Action For Kids is holding a beach volleyball tournament at Canary Wharf from July 6-25. Montgomery Square, opposite Jubilee Park, will be transformed with 200 tonnes of sand making two courts. On July 17, there will be a grand tournament, followed by an elite weekend on July 18 and 19, where the best European beach volleyball talent will be in action. Schools will be given free slots to test their beach skills with top coaches. Courts can be hired privately at £10 per person, per hour, with proceeds going to Action for Kids. To book some sand time, visit <http://afkbeach.co.uk>

News in brief

Have your say on mental health

A GROUP of community organisations working to improve the mental health of residents are inviting the public to have a say about services and contribute ideas for future planning.

The Inspire Mental Health Consortium is holding a 'lets talk' event on Monday, July 20 at the Osmani Centre, Underwood Road, Whitechapel from 10.15am-1.30pm.

There will be free lunch and refreshments.

Healthy fun day

HEALTH and well-being services and providers are inviting residents to a health themed fun day on the Isle of Dogs on Saturday, July 11.

Specialist gym Ability Bow is holding the event in partnership with Tower Hamlets Clinical Commissioning Group, The Healthy Island Partnership and Community Options.

It takes place at Calder's Wharf, Island Gardens from 12-3pm and will focus on self-management of long-term conditions.

There will be workshops, health checks, massage, sport, crafts, a bouncy castle, food and opportunities for networking.

For further information visit www.abilitybow.co.uk

FREE Summer IT Level 1 and Customer Service class for women (18+)

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Making a difference across the world

Let Girls Learn aims to help girls gain the skills, knowledge and confidence to break the cycle of poverty, raise healthier families and help build their communities.

WWW.USAID.GOV/LETGIRLSLEARN

Useful information

Ending the term on a high note

News from the council's children's services team

WITH the end of term just around the corner and a long summer break to look forward to, schools are buzzing with excitement, putting the finishing touches to their summer productions and concerts.

The Tower Hamlets Arts and Music Education Service (THAMES) has delivered a fantastic programme of summer events so far.

Shoreditch Church hosted the Spitalfields Platform Summer Event: Side by Side, which brought together younger THAMES musicians with students from the Royal Academy of Music.

Pupils were also given an opportunity to perform with renowned violinist Nicola Benedetti and musicians from the London Symphony Orchestra in a piece scored by composer Michael Betteridge.

There have also been some very special guests visiting the borough's schools this term with Michelle Obama, the First Lady of the United States, topping the bill.

Mrs Obama along with former prime minister of Australia Julia Gillard used Mulberry Girls School to launch the ambitious Let Girls Learn initiative.

Let Girls Learn is a \$200m scheme, jointly funded by

America and the UK, to give girls in developing countries greater access to education.

When girls are educated they are more likely to earn a decent living, raise a healthy, educated family, and improve the quality of life for themselves, their families and their community.

The initiative will support community-led solutions to reduce barriers that prevent adolescent girls from going to school and staying in school.

Mrs Obama paid tribute to the pupils at Mulberry, telling them they inspire her. Some were lucky enough to get a coveted hug from her too.

At St Paul's Way Trust Sixth Form, US Ambassador to the UK Matthew Barzun gave a provocative talk on his country's role in international politics, and also discussed gun crime and the American Dream.

And Professor Brain Cox unveiled the first eco-friendly school building earlier this year, with the multi-million pound expansion of Stebon Primary School.

As part of the improvement works at the school on the Burdett Estate, a two-storey block was constructed which meets the sought-after Passivhaus standard.

Prof Cox also used the opportunity to encourage more young people to pursue careers as scientists and engineers, as schools such as Stebon allow young people to have the foundations to go on to bigger and better things.



Michelle Obama talks to students

Chemist rota

Pharmacists in Tower Hamlets with extended opening hours.

E1

ABC Drug Stores, 12-14 Montague Street: Mon-Fri 9am-7pm, Sat 9am-5.30pm, Sun 10am-2.30pm.

Beck & Sherman, 197 Whitechapel Road: Mon-Fri 9am-7pm, Sat 9am-5.30pm, bank holidays 11am-1pm.

Sainsbury's, The Albion Brewery: Mon-Fri 8.30am-10pm, Sat 7.30am-10pm, Sun 11am-5pm.

Chapel, 139 Cannon Street: Mon-Fri 9am-8pm, Sat 9am-6pm.

E2

Fairdale, 360 Bethnal Green Road: Mon, Tues, Weds, Fri 9am-6.30pm, Thurs 9am-1pm, Sat 9am-6pm, bank holidays 11am-2pm.

Florida, 307 Bethnal Green Road: Mon-Fri 9am-7pm, Sat 9am-6pm, bank holidays 11am-2pm.

E3

Bell, 534 Roman Road: Mon-Sat 7am-11pm, Sun 10am-2pm.

Forward, 648 Mile End Road:

Mon-Fri 9am-7pm, Sat 9am-6pm, Sun and bank holidays 10am-6pm.

Green Light, St Andrew's Health Centre, 2 Hannaford Walk: 8am-8pm, seven days a week, including bank holidays.

Lincoln, 60 St Paul's Way: Mon, Tues, Weds 8am-8pm, Thurs, Fri, 8am-8pm, Sat 9am-5pm.

Tesco, Hancock Road: Mon 8am-10.30pm, Tues-Fri 6.30am-10.30pm, Sat 6.30am-10pm, Sun 11am-4pm.

E14

Boots, Unit 15, Jubilee Place: Mon-Fri 7am-midnight, Sat

9am-6pm, Sun 12pm-6pm.
Britannia (Perimart), Asda Precinct, East Ferry Road: Mon-Sat 9am-8pm, Sun 11am-4pm, bank holidays 11am-6pm.

Doctors

Please ring your doctor's surgery for an appointment, but if it's the weekend or late at night, call 7377 7151 (only for people in Tower Hamlets who are registered with a doctor). To find a doctor, dentist or help to quit smoking call the health hotline on 7364 5016, Mon-Fri 8am-8pm and Sat 8am-4pm.

Advice

East London Parkinson's Support Group

For people with Parkinson's disease and their carers. Meets third Weds each month, 11am-12pm at John Scurr Community Centre, 1A Bekesbourne St, E14. 0844 225 3704/0808 800 0303

Family Information Service (FIS)

The Family Information Service provides information for people from birth to age 19 including helping parents and carers find childcare, advice on tax credits and childcare vouchers. Open Mon-Fri, 8am-6pm. 30 Greatorex Street, E1. fis@towerhamlets.gov.uk 7364 6495

Alzheimer's Society Tower Hamlets

Advice and help for carers and people with dementia. Mon-Fri, 9am-5pm. Robinson Centre, Mile End Hospital, Bancroft Road, E1. 8121 5626

Tower Hamlets Advocacy Project

Independent advocates for adults with learning disabilities. Mon-Fri, 9.30am-4.30pm. Gladstone Place, 1 Ewart Place, E3. 7364 2550/2199

Parents Advice Centre (PAC)

Offers advice around special educational needs (SEN). 30 Greatorex Street, E1. Drop-in sessions every Tues & Fri, 9.30am-3.30pm. 364 6489

LinkAge Plus

An initiative of the Department for Work and Pensions. Toynbee Hall is one of five centres that coordinates services and activities provided. Mon-Fri from 9am-5pm, drop-in session for advice on benefits, pensions, employment and housing. Appointments necessary. Mon 9am-5pm, Bangladeshi group. Toynbee Hall, Commercial Street, E1 7392 2914 www.toynbeehall.org.uk

Free Advice

Benefits, housing, immigration.

Bengali speakers, home visits to house-bound. Weds, 10.30am-12.30pm, Island House, Roserton Street, E14. Thurs, 1-3pm, Splash, Will Crooks Estate, Poplar High Street, E14. 7987 9379

Skillsmatch

Free advice on all aspects of employment including training, apprenticeships and job vacancies. Canary Wharf Recruitment & Training Centre, 55 Upper Bank Street, E14. 7364 3727 or email skillsmatch@towerhamlets.gov.uk

Tower Hamlets National Childbirth Trust

Offers support, information and friendship to parents and parents-to-be. Regular events. 07976 710964 or towerhamletsnct@yahoo.com www.nct.org.uk

Breastfeeding Support Centres

Mon 11am-1pm Wapping Children's Centre, 15 Chandler St, E1. Weds 12.30-2.30pm, Collingwood Children's Centre, Buckhurst St, E1. Fri 12.30-2.30pm, Overland Children's Centre, 60 Parnell Rd, E3. Sun 2-4pm Barkantine Birth Centre, 121 Westferry Rd, E14. 3594 2591 or 07961 609 626

Free home fire safety advice

From the London Fire Brigade 08000 28 44 28

Careers advice

Tower Hamlets Careers Service

Careers advice for ages 13-19 (up to 25 SEN). Mon-Fri, 1pm-5pm. Appointments available. Careers Centre, 35 Bow Road, E3. 7364 1401

TH Lifelong Learning

Mon-Thurs, 10am-4pm. Shadwell Centre, 455 The Highway, E1.

Careers advice

Support from Civic Enterprise Clubs Co-operative. Tues & Thurs, 1-4pm & 6-9pm. Bishopsgate Institute, 230 Bishopsgate, EC2. 07432 463343



Photo order form

Copies of pictures published in East End Life taken by council photographers are available to readers. To request a copy, email eastendlife.news@towerhamlets.gov.uk and we can send it straight away. If you do not have access to email fill in this form and send it to Photos, East End Life, Town Hall, Mulberry Place, 5 Clove Crescent, Poplar, E14 2BG. This service does take longer.

Name

Address

Issue no.

Page no.



Help when disaster strikes

Muslim Aid is a relief and development agency that provides humanitarian assistance to disaster-affected countries and to help poor and vulnerable communities overcome poverty.

VISIT WWW.MUSLIM-aid.org

Less is more

Food for Health Awards encourage businesses to reduce the amount of salt, sugar and fat in their goods.

SEE BELOW

News

Sun 'n' fun at Big Weekend

A WEEKEND of free family fun is taking place at Millwall Park on the Isle of Dogs, on July 18 and 19.

The Isle of Dogs Big Weekend festival – back for its fourth year – is organised by six churches on the island and run by more than 100 local volunteers.

Fun in the park kicks off the weekend on Saturday at 12.30pm with giant inflatable slides, bouncy castles, sports, gladiator and sumo challenges, traditional games, crafts and face-painting, party games, a free barbecue and refreshments.

Together in the Park wraps up the weekend on Sunday starting at 11am with music, children's activities and free food.

Visit www.isleofdogsbigweekend.co.uk



COMEDIAN and activist Russell Brand (pictured above) dropped in for dinner at a centre working with homeless men in Whitechapel.

The dinner, at Booth House, was part of Muslim Aid's annual 'feed the fasting'

campaign, which serves meals to homeless people during Ramadan, the period of fasting and abstinence observed by Muslims.

The event coincided with the 150th anniversary of the Salvation Army,

which runs Booth House.

Russell said: "This is a great example of communities coming together to help each other. It shows the generosity of the Muslim community and charities like Muslim Aid."

News in brief

English graduates

ONE hundred adult students celebrated taking their first steps to learn English, when they attended a graduation ceremony at Oxford House, Bethnal Green.

Participants were awarded certificates after completing a 16-week English language course delivered by e3, a consortium of community organisations. The ceremony premiered three short films, all written and produced by students.

Gorgeous gelato

MASTER ice cream makers were on a mission to create new flavours when they gathered at a festival in Spitalfields last weekend.

The Gelato Festival at Old Spitalfields Market saw Italian ice cream masters serve up scoops and host master classes.

Fresh 'n' fruity... summer's here!

BY ANNA WILSON

THE council's award-winning Food for Health shops, cafés, markets and restaurants are celebrating the arrival of summer by introducing classic English summer fruits at their stalls, shops and on their menus.

To launch the summer season of locally grown produce, businesses are encouraging everyone to share pictures and recipes of their fresh fruit and veg under the #foodforhealth hashtag over the next month.

The summer season will offer locally grown fresh fruit and veg, with strawberry season running from now until October.

The Food for Health Awards (FFHA) scheme has seen more than 200 businesses in Tower Hamlets sign up to offer healthier options to residents, reducing the amount of fat



Alkas Ali, of Ali's Fruit and Veg shop, has a Gold award

and salt in the foods that they sell.

As part of this scheme, the Buywell retail project has supported market traders and convenience store owners to increase their fruit and vegetable sales by improving the quality, range and freshness.

Alkas Ali (known as Ali – pictured above) has been running Ali's Fruit and Veg shop

in Roman Road for the last 15 years. His business has grown by more than 40 per cent since winning his first award and his recent upgrade to Gold has further boosted his business.

Ali said: "It is only now that the quality of fruits and vegetables are at their best and the prices at their lowest."

Esther Trenchard-Mabere, associate director of public health at the council, said: "Local shops and markets have such a wide variety of fresh fruit and veg to choose from and we encourage residents and visitors to continue shopping locally.

"Strawberries and raspberries are now in season and are a great way of getting in your five-a-day and eating healthily, as they are packed with nutrients and anti-oxidants."

The Food for Health team publish weekly recipes on Twitter @TowerHamletsNow Visit www.towerhamlets.gov.uk/foodforhealth

MARIA™

L O N D O N

You're invited to our pre-launch showroom open day on Saturday 11 & Sunday 12 July 2015 from 12pm - 6pm.

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email: info@marialondononline.co.uk | 07920 407 383

London Showroom - 614 Roman Road, London E3 2RW

EID SPECIAL

New start after WWII

The Festival of Britain took place in the summer of 1951 celebrating the nation's recovery after the Second World War.

WWW.20THCENTURYLONDON.ORG.UK



Swinging long before the Sixties...

Swing music developed in America in the 1930s and became popular during the Second World War. Swing dances include Lindy Hop, a fusion of jazz, tap and breakaway.

SEE BELOW

News

Chrisp Street Market travelled back to the 1950s on Sunday, June 28 when it hosted the Swing East festival. **Helen Watson** reports. Photos by **Ivana Bucci**.



Brian, 7, and his dad show off their moves



Swing East festival organisers with local resident George Wood, 91



Dancing the Sunday away in Chrisp St

Cooler clothes 'n' sharpest sounds

TEDDY boys and girls flocked to Poplar for a day, as Chrisp Street swayed to the sights and sounds of the Swing East festival.

More than 2,000 visitors enjoyed a day of 40s and 50s themed music, entertainment and dancing.

Some of the UK's finest swing bands played a cool and crazy mix of hepcat swing, jumpin' rhythm and blues and red hot boogie that kept jivers on their feet all day.

Performers included Natty Congerloo & The Flames of Rhythm, Devil's Cut Combo, The Sugar Ray Ford Trio and The Nine Gallons.

Between sets, visitors browsed for retro clothes, accessories, homewares

Jessica, aged 4



Right: dancing to Devil's Cut Combo; picnic time between dances; Natty Congerloo and The Flames of Rhythm

and music, and admired vintage cars parked in the market for the day.

Food and drink was provided by street food stalls and children enjoyed face painting and music.

Chrip Street market was a fitting venue for the festival. Built in 1951, at the height of the swing movement in Britain, it was the 'living architecture' element of the Festival of Britain.

Designed by Frederick Gibbard, the market was the first pedestrianised shopping centre of its kind in the UK.

Events were organised by Poplar Harca and supported in part by the High Streets Fund and the Mayor of London.



Visitors in their 40s and 50s outfits looked perfectly at home in vintage cars





Building good relations

Rainbow Hamlets aims to build diverse LGBT life, promote better services, defend LGBT people against hate crime, domestic abuse and defamation and build good relations with their neighbours.

WWW.RAINBOWHAMLETS.ORG

Travel disruption

Disruption to travel will occur along the route of Tunnel 2 Towers London from around 9am-1pm on July 19.

SEE BELOW

News

THE council supported London Pride festivities by funding a local LGBT+ charity to run a special bus service with a classic Routemaster. More than 40 volunteers from Rainbow Hamlets spoke to residents and businesses along the parade route on Saturday, June 27. They encouraged the reporting of hate crime, prevention of domestic violence, smoking cessation and LGBT+ volunteering. Jack Gilbert, executive director of Rainbow Hamlets, said: "Pride may just seem to be a chance for a party but, at its heart, it is about liberation. "I pay tribute to our fabulous workers and volunteers. They are all amazing." Mayor John Biggs said: "We are committed to supporting

all the borough's communities and ensuring that diversity is celebrated wherever possible." Meanwhile, 50 Met police officers and staff took part in the annual parade through central London to celebrate the lesbian, gay, bisexual and transgender (LGBT) community. PC Lee Hawkins, local LGBT and hate crime liaison officer, said: "Tower Hamlets police and council are committed to working in partnership with and for the LGBT community, to tackle hate crime in all forms, so that together we can ensure that Tower Hamlets is 'No Place for Hate.'" Anyone who has been affected by hate crime should contact the police on 101, or for an immediate response call 999.



Rainbow Hamlets members

News in brief

On your bikes

CYCLING enthusiasts are invited to take part in the London To Southend Bike Ride on Sunday, July 19 and raise money for the British Heart Foundation.

Up to 4,000 cyclists are due to take part in the event, starting at Victoria Park and featuring a 52-mile route through the Essex countryside.

Riders will be greeted at the finish in the gardens of Priory Park with live music, refreshments and massage.

Money raised will go towards funding cardiac nurse care and scientific research.

Cyclists can register in advance online or enter on the day and start times are between 7-9.10am.

For further information visit www.bike-events.co.uk/londonsouthend

Tribute to victims of the 7/7 attacks

BY JESSICA ODUBAYO

WORKERS from the emergency services, military personnel and Paralympic and disabled athletes are among those gearing up for this year's Tunnel 2 Towers London 5K run, held to commemorate the terrorist attacks in London in 2005.

The event, on Sunday, July 19, is inspired by a run organised annually in New York to salute the sacrifice made by firefighter Stephen Siller and other emergency services workers.

Starting in Southwark Park, participants will run or walk through a closed Rotherhithe Tunnel, proceed along the riverside via Narrow Street, Limehouse, to West India Quay and on to the finish and after-party at Billingsgate Market.

There will be live music, stalls, food and drink.

London Fire Brigade is

supporting the event and will offer fire safety advice.

The Fire Fighters Charity, Fire Services Athletic Association, Tower Hamlets and Southwark councils, Transport for London and Billingsgate Market, run by the City of London Corporation, are also supporting the event.

Residents are encouraged to go along and support teams and their chosen charities.

Minor disruption to travel

plans will occur along the route from around 9am-1pm, due to road restrictions.

Routes affected are Rotherhithe Tunnel, Branch Road, Narrow Street (from Horseferry Road to Limehouse Causeway), Three Colt Street, Milligan Street, and Westferry Road.

Marshalls will assist the public to complete their journeys safely and quickly.

For more information visit www.tunnel2towersrun.org

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GATWICK	£38	£45	£55
HEATHROW T-1-2-3	£40	£48	£60
HEATHROW T-4-5	£50	£58	£70
LUTON	£40	£48	£60
STANSTED	£40	£48	£60

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TOWER HAMLETS BEREAVEMENT SUPPORT GROUP

Has someone you loved died? Do you feel lonely? Would you like to meet new people and share life's ups and downs?

Come join our group! You are welcome to bring a friend or family member too.

This is a **FREE** and informal group, and refreshments will be provided.

****Next group July 14th will have a Pamper Session****

When?

Monthly on Tuesdays...

July 14th, August 11th, September 15th

11am - 1pm

Where?

The Brownfield Cabin, 82 St Leonards Rd, Poplar, E14 0QU

Contact?

If you are interested in attending call Niamh on 020 8525 3140 or email n.brophy@stjh.org.uk

St Joseph's Hospice, Mare Street, Hackney, London E8 4SA
T: 020 8525 6000
E: info@stjh.org.uk
www.stjh.org.uk

Founded in 1905 under the care of the Religious Sisters of Charity. Charity No. 1113125

Image copyright Greg Turner



Drug team can help

The Tower Hamlets Community Drug Team provides support for adults suffering from substance abuse.

CALL 7790 1344 OR VISIT 71 JOHNSON STREET, E1



Illegal sales of legal highs

'Legal highs' can cause paranoia, psychosis, seizures and death after ingestion. Should someone suffer ill effects as a result of chemicals you have sold them, you can be held accountable.

SEE BELOW

News

News in brief

Mental health help

A PROJECT supporting mental health recovery and well-being will be piloted this month.

East London NHS Foundation Trust has set up the Tower Hamlets Recovery College for service users, carers and staff.

Courses will be delivered by individuals with a lived experience of mental health and recovery, together with somebody who is trained and works in mental health.

The trust is working in partnership with Idea Stores, the Bromley-by-Bow Centre and Bow Haven. The college is free.

Pilot classes will run from July 13 to 30 and the official term will begin on September 21.

Call Robert Pickard on 7426 2450 or 07908 459 239, or email robert.pickard@elft.nhs.uk

Church jumble sale

BETHNAL Green Methodist Church is hosting a jumble sale in Approach Road on Saturday, July 18 from 1-3pm. Entrance is 30p.

Visit www.mcth.org.uk/bethnalgreencongregation.htm or call 8880 7301.



VOLUNTEERS from the borough's diverse communities are being encouraged to become heritage explorers for an historical project. Launched on June 24 at St Matthias Community Centre in Poplar, the project – Science and Technological Evolution in East Indiamen Shipping (1600-1858) – will investigate how scientific discoveries and technological innovation influenced East India Company ship building and navigation. Volunteers will examine records, produce written material for a book, and help commission the building of a model ship.

For further information and an application form, visit www.stepney.org.uk

The closing date for applications is Monday, July 27.

'Legal highs' can still be deadly

BY STEFAN SWIFT

THE council is reminding retailers that the selling of so-called 'legal highs' can still be illegal.

Commonly referred to as 'legal highs', these products are categorised as New Psychoactive Substances (NPS) and are designed to mimic the effects of illegal drugs.

Their effects can be very harmful, with a number of cases causing paranoia, psychosis, seizures, hospitalisation and death after ingestion.

The council's consumer and business regulations team has received reports that adults and children in the borough are purchasing these products.

The council is keen to ensure all traders are aware of their responsibilities should they be approached by any NPS distributors.

The Intoxicating Substances

(Supply) Act 1985 prohibits the sale of substances to those under the age of 18, which the seller has reason to believe may be inhaled for the purposes of intoxication.

The act was designed to prevent minors buying glue and similar intoxicating substances and applies to NPS that are inhaled.

NPS products are thought to contain ingredients that are not controlled under the Misuse of Drugs Act 1971, in the way that drugs such as heroin, cocaine and marijuana are.

Nineteen per cent of NPS tested by the Home Office in 2013/14 were found to contain illegal substances.

These would therefore be illegal to possess, supply, offer to supply and illegal for the consumer to possess.

The use of the term 'legal' creates the impression that these products are safe to use

when that is far from the case.

Retailers need to ensure all products they sell are safe. Should someone suffer ill effects or death as a result of ingesting chemicals they have sold them, they can be held accountable.

If you need help due to substance abuse, the council funded Lifeline Community Drug Team offers support for affected adults.

The team also provides support to young people who want help regarding legal highs and provides training and awareness about substance misuse, including legal highs, to professionals.

Funded by the council, Lifeline welcomes self-referrals and referrals from professionals.

If you suspect someone of illegally trading NPS products in the borough, call 7364 5008 or email tradingstandards@towerhamlets.gov.uk

Public notices

LONDON BOROUGH OF TOWER HAMLETS

The Tower Hamlets (A2 Parking Places) (No.1) Order 2015 (Amendment No.1) Order 2015

The Tower Hamlets (A3 Parking Places) (No.1) Order 2011 (Amendment No.1) Order 2015

The Tower Hamlets (Waiting and Loading Restrictions) (No.1) Order 2015 (Amendment No.1) Order 2015

The Tower Hamlets (D2 Parking Places) (No.1) Order 2015 (Amendment No.1) Order 2015

The Tower Hamlets (C1 Parking Places) (No.1) Order 2015 (Amendment No.1) Order 2015

The Tower Hamlets (Free Parking Places) (Disabled Persons) (No.1) Order 2015 (Amendment No.1) Order 2015

1. NOTICE IS HEREBY GIVEN that the Council of the London Borough of Tower Hamlets on 6th July 2015 made the above-mentioned Orders under the relevant sections of the Road Traffic Regulation Act 1984, as amended by Section 5 of the Local Government Act 1985 and the Traffic Management Act 2004.

2. The general effect of the Orders would be to in:

- Cudworth Street** – To relocate the Permit / Pay by Phone Bay from its original location outside Phoenix Court to the Southside and replace with Double Yellow Line.
- Manchester Road** – To upgrade the Single Yellow Lines to Double Yellow Line on both sides at its junction with **Amsterdam Road** and introduce No Loading

At Any Time Restriction southwards of the junction for approx. 7m.

- Glengarnock Avenue (opposite 78-84)** – To increase the existing Resident Parking Bay on the south side to 8 Parking spaces.
- Vyner street** – To introduce for approx. 14m At Any Time Loading Restrictions on both sides from its junction with Cambridge Heath Road.
- Underwood Road** –
 - To revoke the General Use Disabled Bay outside no.24 and introduce a four space Permit Parking Bay.
 - To introduce on Single Yellow Line a single Permit Parking Bay outside no.34.
 - To extend the Double Yellow Line outside no.36 from 10m to 13.5m and introduce At Any Time Loading Restriction thereafter.
- To upgrade the Single Yellow Lines to Double Yellow Line in:
 - Bruce Road** – on both sides outside Stroudley Walk for approx. 34m.
 - Devons Road** – on both sides from its junction with Bruce Road, southwards for approx. 20m.
 - Bunsen Street** – at its junction with Grove Road.
- Raine Street** – To introduce At Any Time Loading Restrictions on the north side for Approx. 15m outside the entrances to Martingale House and approx. 12m to Compass House respectively.

h) **Clave Street** (junction with Wapping High Street) – To upgrade approx.14m of:

- The Single Yellow Lines to Double Yellow Lines
- The existing length of the Loading Restriction.

i) **John Fisher Street (Outside no. 51-56)** – To convert a Single Resident Parking space at its southerly end into a General Use Disable Bay (3 hours maximum stay and no return same day).

3. The Regulations, fees and usual exemptions imposed by the governing Traffic Management Orders would apply to the proposals referred to in paragraph 2 above.

4. A copy of each of the proposed Orders and all relevant documents can be inspected, by prior appointment, at the offices of the at the Parking Services Offices, 585-593 Commercial Road, London E1 0HJ (0207-364 6952), during normal office hours on Monday to Friday inclusive until the expiration of a period of 21 days from the date on which this notice is published.

5. Any person desiring to comment on or object to any of the proposed Orders should send a statement in writing or Email: Parking.development@towerhamlets.gov.uk of their objection and the grounds thereof, to the above address within the aforementioned period of 21 days.

Dated: 6th July 2015

**SIMON BAXTER
SERVICE HEAD, PUBLIC REALM**



Buy a piece of history

Huguenot descendants of those named on the map can buy a signed, limited edition copy. There are just 200 for sale and they are available for £80 plus postage. Find out more at...

WWW.TOWNHOUSEWINDOW.COM

Got a story to tell?

If you have a tale about East End history, write to John Rennie or email him at johnrennie@gmail.com

WWW.EASTLONDONHISTORY.COM

History

Huguenots are back on the map

BY JOHN RENNIE

LIVING where she does, there was never any escaping East End history for Fiona Atkins.

For the Town House – an elegant four-storey slice of Georgian London in the very shadow of Hawksmoor's brooding Christ Church – is at the very heart of the Spitalfields of the old Huguenot weavers.

When she bought 5 Fournier Street it was, like so many of the old weavers' houses, gently decaying – the legacy of decades of neglect and the ever-present threat of demolition.

The houses were famously saved in the 1970s by the Spitalfields Trust's campaign. Hard to believe as you gaze at these beautiful dwellings now, but the GLC wanted to pile a road straight through this part of Spitalfields.

Fiona easily trots out her predecessors as residents of No 5, almost as if they were her present-day neighbours – the weavers who lived here until 1820; the two doctors (father and son) who moved in and built the rear gallery of the house as their surgery, with the son only departing in the 1870s.

Then followed a bewildering succession of people and their businesses: a Russian translator; a furrier, before No 5 became a coffee house. And later, a low point this, it served as storage space for vegetables from Spitalfields Market, just across Commercial Street.

Then, at the end of the Second World War, it became the Market Café, a favoured breakfast haunt for many years for those creatures of habit, Gilbert and George. "Like Rules... only better and cheaper," claimed Gilbert.

In 2000 Fiona moved in and restored the house to what it should be... a home. It seemed an eccentric place to move to in those days – friends first pulled out an A-Z to ascertain exactly where Spitalfields was, and then shook their heads in disbelief.

Settling in this rundown neighbour to the City was considered quite mad. Vulgar though it may be to mention money, and one suspects the value of her home is the last thing on Fiona's mind, those same pals may be munching on their words now that those old ruins change hands for millions.

In typical Nouveau Spitalfields style, Fiona set about remaking her house as a Georgian Huguenot weaver would recognise – only much cleaner, comfier and warmer, of course.

Today, the Town House is a mix of home,



The Huguenot map spans 300 years

guesthouse, museum and shop, selling antiques and objets d'art. Fiona had started her antiques trade in a shop in Columbia Road before moving half a mile or so to the south west.

But living with all that history got Fiona thinking. Every one of those Huguenot families had, in time-honoured East End style, come, settled, dominated and then gradually dispersed, leaving just their street names (Fournier, Fleurs de Lys, Heneage et al) and their old chapel (La Neuve Eglise in Brick Lane), later to become a Methodist chapel, then the Great Synagogue, now of course the Jamme Masjid mosque. Were they gone forever? Or could they be called back?

Thus are mad but marvellous ideas born. Like so much creative modern history, this could only have happened with the help of the very modern internet. A call went out on social media. Do you have a Huguenot name? Do you have roots in the East End?

A map was created with artist Adam Dant, and the scatterlings of the Huguenot diaspora, first in a trickle, then in a veritable flood, began pinning their names to the East End map.

Fiona takes up the story. "I have had

people pinning themselves on the map from all over the place, including quite a few from Australia.

"One woman in Australia, Penny née Duboc, is descended from the Dubocs who arrived in Spitalfields c1710 and remained there for over 200 years until after the First World War."

From there they moved out to Newbury in Berkshire in the early part of the 20th century, emigrating to Australia in 1965. Along the way, her great grandfather, George Joseph Dubock, acquired a K on his name – as for many Huguenots the spelling changed over the years.

Closer to home there is also Stanley Rondeau, who still lives in the East End and who has spent many years researching his family. His interest was sparked off in 1980 when he was visiting a pal in Norfolk – the local vicar remarked on the Londoner's unusual name and asked him if he was a Huguenot.

"A what?" was Stanley's reply. It sparked an interest in genealogy and reconnected him to roots in the East End (as foreign to the Enfield-dwelling Stanley as Orleans or La Rochelle).

He now volunteers at Christ Church Spitalfields on Tuesdays and regularly



John Dollond

visits Fiona in the shop. And Stanley discovered his Spitalfields ancestor in Jean Rondeau, master silk weaver and sexton of Christ Church from 1761-1790... and now proudly part of the map.

They are just two names among hundreds. We know the name 'Dollond' from the high street opticians, but John Dollond was a Spitalfields weaver before becoming an expert in optics and lenses, eventually founding the family firm that would become Dollond and Aitchison.

There was Peter Prelleur, one of the most important English composers of the mid-1700s, and also the organist at Christ Church.

And Samuel Gompers was scion of a Huguenot family, born in Tenter Street (a tenterground was the area used for drying the wet silk after fulling). He would emigrate to the US and become a major trade union figure in the late 19th and early 20th centuries.

You can view the map for yourself... a thing of beauty as well as assiduous research and – most important of all – teamwork, spanning the globe and 300 years.

The Townhouse is at 5 Fournier St, E1.

Tel: 7247 4745

www.townhousewindow.com

A range of services

The council provides many services for residents and businesses. Go to the A-Z on the website at...

WWW.TOWERHAMLETS.GOV.UK

Council information

Tower Hamlets forward planner

TOWER Hamlets Council produces a forward plan every month detailing the key decisions it will take, together with the details of

the author, and consultation undertaken. It can be found in Idea Stores, libraries, One Stop Shops and council offices or at www.towerhamlets.gov.uk/data/your-council/data/forward-plan/forward-plan.cfm

Meetings

Tuesday, July 7

5pm: Tower Hamlets Health and Wellbeing Board

For details call Elizabeth Dowuona on 7364 4207 or email elizabeth.dowuona@towerhamlets.gov.uk

5.30pm: Overview & scrutiny committee

For details call David Knight on 7364 4878 or email david.knight@towerhamlets.gov.uk

Wednesday, July 8

5.30pm: Development committee

Business includes procedures for hearing objections, meeting guidance, terms of reference, membership and meeting dates. Planning applications for decision include 144-146 Commercial Street, Spitalfields,

to create a new single-storey roof extension within the existing roof void to create a one-bedroom residential unit; a four-storey rear extension to facilitate new staircase; and reconfiguration of window arrangement at the rear; refurbishment of the front façade; and installation of a green roof.

The meeting will also consider an application for 12-14 Toynbee Street, Spitalfields, to demolish existing structures on land adjacent to Duke of Wellington public house and create five residential units.

For details call Zoe Folley on 7364 4877 or email zoe.folley@towerhamlets.gov.uk

6.30pm: Cabinet

For details call Matthew Mannion on 7364 4651 or email matthew.mannion@towerhamlets.gov.uk



Get information on welfare reform

The council's benefits service can provide information about housing benefit, council tax benefit and entitlement to free school meals. It has compiled a list of helpful agencies at...

WWW.TOWERHAMLETS.GOV.UK/WELFAREREFORM

Planning

E1

Aldgate Place land bounded by Whitechapel High Street, Leman Street, Buckle Street & Commercial Road – details of car parking management plan, planning permission ref: PA/13/00218.

Land at Fakruddin Street and Pedley Street – sound insulation designed to prevent the transmission of excessive airborne and impact noise between proposed community use and the first-floor residential use, planning permission ref: PA/12/02228.

14 Fournier Street – method statement planning permission ref: PA/15/00320.

E2

59-61 Roman Road – details of secure cycle storage and refuse & recycling, prior approval notification ref: PA/14/01563.

7-9 Old Nichol Street and 17-19 Club Row – details of site management plan and delivery & servicing management plan, planning permission ref: PA/14/02602.

E3

Brodict House, Saxon Road – application for non-material amendment of planning permission ref: PA/14/01248. Amendments sought: modifications to approved plant room design to include new gable roof; rendering of plant room walls and alteration of double doors to single door on north elevation and louvered vent at low level; alterations to north face of building to incorporate low-level louvre vent and single door instead of double door; alterations

to west elevation to include louvered door access to gas meter. Overall reduction in the dimensions of the unit on site.

2-48 Usher Road – replacement of front entrance doors.

33-79 Parnell Road – replacement of windows and front entrance doors to tenanted properties of the block of flats.

E14

Meridian Gate, Marsh Wall – details on contamination, re planning permission ref: PA/14/01428.

45 Millharbour – details on landscaping, planning permission ref: PA/13/02210.

Wood Wharf, Prestons Road – details of management plan, planning permission ref: PA/13/02966.

George Green Secondary School, 100 Manchester Road – proposed new entrance canopy and re-landscaping of existing entrance forecourt.

42 Chapel House Street – build pre-fabricated, timber granny annexe for ancillary residential use; application for certificate of lawfulness in respect of proposed siting of mobile home.

Island Point, site at 443 to 451, Westferry Road – submission of details of construction logistics and environmental management plan, re planning permission ref: PA/12/03247.

Land adjacent to Grenada House, Limehouse Causeway – details of travel plan and emergency evacuation plan, planning permission ref: PA/13/01868.

Land adjacent to Repton Street – construction management plan, planning permission ref: PA/12/02131.

Drug treatment providers

Community Drug Team

Substitute prescribing, key working, health screening & referral to residential treatment. 71 Johnson Street, E1. 7790 1344 www.lifeline.org.uk

Nafas

Support with a focus on Bangladeshi community. The Davenant Centre, 179-181 Whitechapel Road, E1 7377 0676.

Harbour Recovery Centre

In-patient detox for 18+ males. Riverside House, 4th Floor, 20 Garford Street, E14. 7538 9421

Young People's Service

Treatment for under-19s Unit 26, Skyline Village, Limeharbour, E14. 3069 7878 www.lifeline.org.uk

Isis

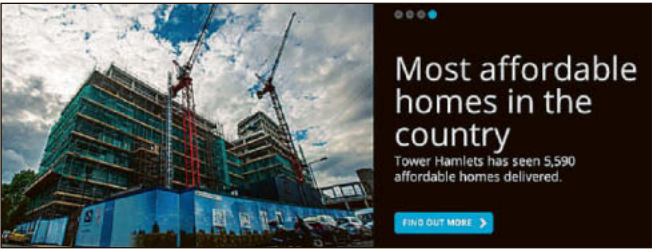
For women aged over 18 c/o Hopetown Hostel, 60 Old Montague Street, E1. 7426 0399 www.compass-uk.org

Community Alcohol Team

Unit 22, Skyline Village Limeharbour, E14. 0800 008 7200 www.rapt.org.uk

Somali Substance Misuse

Help, advice & referral for people with khat, alcohol or drug issues. Contact Idriis Elmi. Mind in Tower Hamlets & Newham, Open House 13 Whitethorn Street, E3. 7510 1081



Tower Hamlets online

www.towerhamlets.gov.uk

For information on council services, including:

- report a missed rubbish collection
- make a doorstep recycling request
- report an abandoned vehicle
- bulk rubbish collections

Top award for trading standards team

BY STEFAN SWIFT

A COUNCIL team has won a prestigious award for its work in preventing counterfeiting.

The Global Anti-Counterfeiting Group (ACG) awards are presented for outstanding achievement by individuals, companies or organisations

involved in combating counterfeiting and piracy.

The award winners were announced at an event held in Bournemouth on Wednesday, July 1.

The council's trading standards team won the 2015 ACG Department Award in anti-counterfeiting enforcement. The awards were given as part

of the Trading Standards Institute Conference.

ACG represents the interests of UK and international companies, who manufacture products from toothpaste to mobile phones, chocolate to car parts.

Its membership includes lawyers, trademark agents and brand protection specialists.

Visit www.a-cg.org

Due to an error made by East End Life, a public exhibition announcement from the Greenland Group showing new proposals for Hertsmere House was left out of last week's paper. The exhibition took place Friday 3 July and Saturday 4 July at the London Marriott West India Quay Hotel.

The exhibition boards are now available to view online at <http://www.hertsmerehouse.co.uk/> and the project team have extended the public consultation to ensure that everyone has a chance to submit feedback.

You can find out more about the project on the website or by calling the project team 0800 307 7604 and you can leave your comments online or by emailing info@hertsmerehouse.co.uk





Register now for free news

Tower Hamlets residents can register for the free news and consultation service giving updates on subjects they choose as often as they want them. For more information visit...

MY.TOWERHAMLETS.GOV.UK



Did you get it?

Last week's picture was of a mural in Hanbury Street, Spitalfields.

Council information

Town Hall

Town Hall, Mulberry Place,
5 Clove Crescent, E14 2BG.
7364 5000

Hotline numbers

Housing benefits – 7364 5001
Council tax – 7364 5002
Parking services – 7364 5003
Streetline – 7364 5004
Adult social care – 7364 5005
Children's services – 7364 5006
Pest and noise nuisance –
7364 5007
Employment & skills service
(Skillsmatch) – 7364 3727
Environmental health,
trading standards & licensing
– 7364 5008
Planning & development
– 7364 5009
Business rates – 7364 5010
Recruitment line – 7364 5011
Electoral services – 7364 0872
Tower Hamlets Homes
– 7364 5015
Healthline – 7364 5016

General enquiries

Council enquiries – 7364 5020.

Useful housing numbers

Housing repairs – 0800 376 1637
Tenancy support – 7364 5544
Housing advice – 7364 3558
Homeless service – 7364 7474
Choice-based lettings
– 7364 0244
Homeseekers – 0845 270 2400

Switchboard

If you know the name of the person or department you wish to speak to, call the switchboard on 7364 5000.



IT'S a bug's life for resident Patricia Clifford, who snapped this mural in Bethnal Green Road recently.

"I'm not sure this can be described as an unusual feature in the architectural sense," she told East End Life. "But I thought it very well painted." If you have photos of your own you would like to see published in East End Life, email them to eastendlife.news@towerhamlets.gov.uk or send them to Photo Poser, East End Life, Town Hall, Mulberry Place, 5 Clove Crescent, Poplar, E14 2BG. They need to be high resolution, at least 1MB and 300 dpi.

Report it!

To report an incident, use these 24-hour freephone numbers:

Non-emergency crimes – 101
Textphone – 18001 101

If a crime is in progress, there is an emergency or if anyone is in immediate danger dial 999.

The council's domestic violence team can provide information, signposting and referrals to local services. Bengali speakers available

0800 279 5434 (office hours)
24-hour domestic violence national helpline

0808 2000 247
Haven Whitechapel (sexual assault referral centre)

7247 4787
Karma Nirvana (Honour Network Helpline)
0800 5999 247
Broken Rainbow (LGBT domestic violence)

0845 260 4460
Black Women's Health & Family Support
8980 3503
Rights of Women

(legal advice)
7251 6577

Victim Support Line
0845 30 30 900
Victim Support Tower Hamlets

8555 8254
NSPCC Child Protection Helpline
0800 800 5000
Childline
0800 1111
Shelterline
0808 800 4444
Respect (for perpetrators)
0845 122 8609

Reunite (advice about child abduction)

0116 2556 234
Men's Advice Helpline
0808 8010 327
Samaritans
08457 909090

Tower Hamlets Mediation Service offers confidential and impartial advice with neighbour conflict
Free service for council tenants and leaseholders. 7702 8305

Trading standards
Consumer Direct: 08454 040506

Walk-in services

One Stop Shops

Bethnal Green – 1 Rushmead, off Bethnal Green Road, E2
Bow & North Poplar – John Onslow House, 1 Ewart Place, E3
South Poplar – 15 Market Square, Chrisp Street, E14
Stepney & Wapping – Idea Store Watney Market, 260 Commercial Road, E1.
Open Mon-Fri, 9am, doors close at 4.30pm. Sat, 9am, doors close 12.30pm at Rushmead and Idea Store Watney Market only.

Idea Stores

Bow – Gladstone Place, E3.
Canary Wharf – Churchill Place, Canary Wharf, E14.
Chrisp Street – Vesey Path, E14.
Whitechapel – 321 Whitechapel Road, E1. 7364 4332
Watney Market – Commercial E1. 7364 4332
All open: Mon to Thurs, 9am-9pm; Fri, 9am-6pm; Sat, 9am-5pm. Sundays – Bow and Chrisp Street open, 10am-4pm; Whitechapel, 11am-5pm; and Canary Wharf, 12-6pm.

Libraries

Bethnal Green – Cambridge Heath Road, E2. 8980 3902
Cubitt Town – Strattondale Street, E14. 7987 3152
All open: Mon, Tues, Weds & Fri, 10am-6pm; Thurs, 10am-8pm; Sat, 9am-5pm.
Local History Library and Archives – 277 Bancroft Road, E1. Open Tues, 10am-5pm; Weds, 9am-5pm; Thurs, 9am-8pm; Sat (1st & 3rd of the month), 9am-5pm.
7364 1290; email localhistory@towerhamlets.gov.uk

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07481 242958: 7pm - 10pm
07984 102976: 7pm - 10pm
07534 668392: 2pm - 7pm

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important and God loves you
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www.salemeurope.org

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Isku soo dhawaashada

War iyo wacaal waxaad haysaan u soo dir boga isku soo dhaweynta bulshada ee East End Life.

7364 3179



‘লিগ্যাল হাইজ’ বিক্রি থেকে বিরত থাকার আহবান

বিক্রি নিষিদ্ধ তথাকথিত ‘লিগ্যাল-হাইজ’ নামে পরিচিত সামগ্রী বিক্রি থেকে বিরত থাকার জন্য বারার ট্রেডার বা ব্যবসায়ীদের সতর্ক করে দিয়েছে টাওয়ার হ্যামলেটস কাউন্সিল। ‘লিগ্যাল হাইজ’ হিসেবে সাধারণত পরিচিত প্রোডাক্টগুলোকে নিউ সাইকোট্রোপিক সাবস্টেন্স (এনপিএস) হিসেবে চিহ্নিত করা হয়েছে। বিস্তারিত নীচে-

DON’T BE FOOLED BY ‘LEGAL HIGHS’

Harmony

Balanqaadka wasiirada cusub ee councilka

New cabinet promises transparency – issue 1066

DUQA Tower Hamlets wuxu doortay wasiir cusub oo maamula councilka.

Kulan sanadeedkii guud ee councilka oo qabsoomay Arbacadii, 24kii June, Duqa John Biggs wuxu magacaabay sad-dex duq kuxigeen iyo wasiir

kasoo jeeda xisbiga Labourka. Cllr Sirajul Islam wuxu noqonayaa kuxigeenka duqa xaga xeerarka iyo xubin wasiir qaabilsan maamulka iyo wanaa-jinta guryaha.

Cllr Rachael Saunders wuxu noqonayaa kuxigeenka duqa iyo xubin wasiir qaabilsan waxbarashada, adeega carruurta iyo ururada aan dawliga ahayn.

Cllr Shiria Khatun waxay noqonaysaa kuxigeenka duqa iyo xubin wasiir qaabilsan xidhiidhka bulshada. Cllr Islam

wuxu sidoo kale noqonayaa kuxigeenka hogaanka kooxda Labourka.

Waxa kale oo la magacaabay lix xubnood oo wasiir ah oo kasoo jeeda xisbiga 7 Labourka, kana masuul noqonaya qaybaha fulinta ee hadhsan.

Cllr Rachel Blake waxa weeye xubin wasiir ah oo qaabilsan horumarka istiraatiyada, Cllr Joshua Peck waxu qaabilsan tahay shaqada iyo koritaanka dhaqaalaaha.

Cllr Amy Whitelock Gibbs waa xubin wasiir ah oo qaabilsan caafimaadka iyo adeegyada dadka waaweyn, halka Cllr Asma Begum ay qaabilsanaan doonto dhaqanka.

Cllr Ayas Miah waxay qaabilsan yahay deegaanka, Cllr David Edgar wuxu noqonayaa xubin wasiir ah oo qaabilsan khayraadka.

Marka la eego maamulkiisan cusub Duqa Biggs waxa uu yidhi: “Wasiiradan cusub waxa ka muuqda hogaamin, khibrad iyo inay si hagar la,aan ah u qaabeeyaan sidii aanu adeegayaga u gudbin lahayn.

“Waxa balan qaadkayagu yahay inaanu dib u dhisno bulshadayada kalsoonideeda, inaanu dadkayaga degmada degan mudnaanta koowaad siino iyo inaanu ilaalino adeegyada ay dadkayagu helaan, noqdaana kuwa ay isku halayn karaan iyadoo dawladu dhimis samaynaysa.

“Waan ku faraxsanahay inaan hogaamiyo maamul karti leh oo aad u shaqeeya iyo kooxda maamulka Tower Hamlets.”

Mayor Biggs wuxu u gartay in Cllr Abdul Mukit oo ka tirsan Labourka inuu sii ahaado afhayeenka Councilka, sidoo



Head teacher Kate Gooding and Clive Davies, deputy head teacher, of Virginia Primary School with pupils

লন্ডনের মধ্যে সবচেয়ে বেশি ‘হেলদি স্কুল লন্ডন এওয়ার্ড’ পেয়েছে টাওয়ার হ্যামলেটস Healthy Schools celebrations event – issue 1066

লন্ডনের যে কোন বারার তুলনায় বেশি সংখ্যক হেলদি স্কুল এওয়ার্ড লাভ করেছে টাওয়ার হ্যামলেটসের স্কুলগুলো। গত ২২ জুন এঙ্গেল সেন্টারে অনুষ্ঠিত হেলদি স্কুলস্ এবং হেলদি আর্লি আওয়ার্স সেলেকশন ইভেন্টে এই এওয়ার্ড প্রদান করা হয়।

বারার স্কুল শিক্ষার্থীদের স্বাস্থ্যের উন্নয়নে যেসকল কাজ করা হয়েছে, তার স্বীকৃতি দিতে হেলদি স্কুলস্ লন্ডন এওয়ার্ড এর এই অনুষ্ঠান উদ্বোধন করেন টাওয়ার হ্যামলেটসের নতুন মেয়র জন বিগস।

যেসকল স্কুল তাদের শিক্ষার্থীদের স্বাস্থ্য সুরক্ষায় সুস্পষ্ট অঙ্গিকার তুলে ধরেছে, তাদেরকে স্বীকৃতি দিতে মেয়র অব লন্ডনের উদ্যোগের অংশ হিসেবে এই এওয়ার্ড অনুষ্ঠানের আয়োজন করা হয়েছে। অন্য যে কোন বারার তুলনায় অধিক সংখ্যক ব্রোঞ্জ, সিলভার এবং গোল্ড এওয়ার্ড লাভ করেছে টাওয়ার হ্যামলেটস্।

মেয়র জন বিগস বলেন, এই অনুষ্ঠানে উপস্থিত থাকতে পেরে এবং সহযোগিতা দিতে পেরে আমি খুবই আনন্দিত। টাওয়ার হ্যামলেটসের জনস্বাস্থ্যের উন্নয়নে ভূমিকা রাখার সুযোগ রয়েছে আমাদের সকলেরই। আমাদের স্কুলগুলো গোটা লন্ডনের মধ্যে স্বাস্থ্য ক্ষেত্রে নেতৃত্ব দিচ্ছে দেখে আমি খুবই সন্তুষ্ট। মেয়র বলেন, স্বাস্থ্যসম্মত ও ভারসাম্যপূর্ণ জীবন যাপন নিশ্চিত করতে শিক্ষার গুরুত্ব অপরিহার্য। এটা অর্জনের ক্ষেত্রে হেলদি স্কুল ইনিশিয়েটিভ চমৎকার সাফল্য এনেছে। বারার সকল শিশু যাতে স্বাস্থ্যসম্মত খাবার পায়, তা নিশ্চিত করতেই আমি বারার সকল প্রাইমারী স্কুলে ফ্রি খাবার সরবরাহ অব্যাহত রাখার অঙ্গিকার করেছিলাম।

কাউন্সিলের লার্নিং এন্ড এচিভমেন্ট বিভাগের অন্তর্ভুক্তিকালীন প্রধান, মনিকা ফ্রোটি বলেন, বারার সকল স্কুল তাদের শিশু শিক্ষার্থীদের

স্বাস্থ্যসম্মত খাদ্যাভ্যাস, শারিরিক কার্যক্রম, মানসিক স্বাস্থ্য সম্পর্কে শেখাতে কঠোর পরিশ্রম করে যাচ্ছে, যা আজ আমাদের উদযাপন করতে পেরে আনন্দিত।

মেয়র অব লন্ডন, বরিস জনসন শিক্ষার্থীদের স্বাস্থ্য ও ওয়েলবিয়িং এ সহযোগিতা দিতে বারার স্কুলগুলোর অঙ্গিকারের জন্য টাওয়ার হ্যামলেটসকে অভিনন্দন জানিয়েছেন। প্রতিটি বারায় হেলদি স্কুলস্ লন্ডন ইতিবাচক প্রভাব ফেলেছে দেখে আমি খুবই আনন্দিত। এই স্বীকৃতি আরো অধিক সংখ্যক স্কুল অংশ নিতে অনুপ্রাণিত হবে বলে আমি আশাবাদী।

অনুষ্ঠানে এওয়ার্ড বিতরণ করেন কাউন্সিলের এসোসিয়েটস্ ডিরেক্টর অব পাবলিক হেলথ, এন্টার ট্রেনচার্ড-মাবিয়ারে। তিনি বলেন, এই উদ্যোগটি টাওয়ার হ্যামলেটসের জন্য খুবই গুরুত্বপূর্ণ, কারণ বারার বাচ্চাদের স্বাস্থ্য লক্ষ্যনীয়ভাবে খারাপ ছিলো।

Dhisida guryo la awoodi karo

Leading the way in affordable homes – issue 1066

GURYO tiro badan oo kiradooda la awoodi karo ayaa laga dhisay Tower Hamlets, marka loo eego qaybaha kale ee wadanka.

Tirada ay soo saareen Qaybta Bulshooyinka iyo Dawlida Hoose wuxu tusayaa, intii u dhaxaysay 2010/11 iyo 2014/15, in 5,590 guri oo kiradooda la awoodi karo laga dhisay degmada.

Councilku wuxu qabtay shaqo adag, si uu u hubiyo in la dhiso guryo kiradooda la awoodi karo iyo in degmada la horumariyo, isagoo la shaqaynaya horumariyayaasha, fulinayana mashruucyo dib u dhis ah.

Nidaamyada lagu diyaariyey

guryaha kiradooda la awoodi karo sadexdan sano gudahooda waxa ka mid ah mashruuca dib u dhiska Ocean Estate, oo dhisay 800 oo guryo cusub ah, 395 ka mid ihina yihiin guryo kiradooda la awoodi karo.

Sanadkan horaantiisii, Councilku wuxu qaybta dawlada u qaabilsan gunada guryaha cusub ka helay £24.8 million, oo loo qorsheeyey in lagu maal-geliyo kordhinta guryaha degmada.

Duqa degmada John Biggs ayaa waxa uu yidhi: “Tirada la soo saaray waxay muujinaysaa in councilku qabtay shaqo adag, si uu ugu dhiso guryo la awoodi karo dadkayaga degmada degan.

“Laakiin kama nasanayno wax qabadkayaga – waxana loo baahan yahay in la qabto wax badan oo kale si jawaab loogu helo baahiyaha ka jira Tower Hamlets, oo ay ka mid tahay dadweynaha oo sii badanaya.

“Waxaanu u baahanahay inaanu u dhisno guryo dadkayaga degmada degani ay awoodi karaan, anagoo sidoo kalena dib u habayntana ka dhigayna mid si sax ah loo fuliyo.”

Mashruucyada kale ee aanu ku dhisayno guryo la awoodi karo waxa ka mid h: n Blackwall Reach. Qaybta 1 oo ah 98 guri oo cusub ayaa si dhakhso ah u dhamaanaya, 79 guri oo ka mid ah waxa loogu talo galay in bulshadu kiraysan



তরুণদের জন্য বিগ ডিজিটাল আইডিয়া ইভেন্ট

বারার তরুণদের জন্য আয়োজিত বিগ ডিজিটাল আইডিয়া ইভেন্টে ১৩০ জনেরও বেশি তরুণ তরুণী অংশ নিয়েছিলেন। মাইক্রোসফট, স্কাইপি, বার্কলেস এবং টাওয়ার হ্যামলেটস্ কাউন্সিল এর যৌথ উদ্যোগে উই.ক্যান শীর্ষক এই তথ্য প্রযুক্তি বিষয়ক ইভেন্ট গত ২৩ জুন অনুষ্ঠিত হয়। বিস্তারিত নীচে-

YOUNG PEOPLE SAY ‘WE CAN!’ AT INNOVATIVE DIGITAL DAY

Harmony

তরুণদের জন্য অনুষ্ঠিত হলো বিগ ডিজিটাল আইডিয়া ইভেন্ট

Young people say ‘We Can!’ at innovative digital day

বারার তরুণদের জন্য আয়োজিত বিগ ডিজিটাল আইডিয়া ইভেন্টে ১৩০ জনেরও বেশি তরুণ তরুণী অংশ নিয়েছিলেন।

মাইক্রোসফট, স্কাইপি, বার্কলেস এবং টাওয়ার হ্যামলেটস্ কাউন্সিল এর যৌথ উদ্যোগে উই.ক্যান শীর্ষক এই তথ্য প্রযুক্তি বিষয়ক ইভেন্ট গত ২৩ জুন অনুষ্ঠিত হয়। কিভাবে কোড করতে হয়, নিজেদের আই-ডিয়াকে বাস্তবে রূপ দিতে হয় এবং কিভাবে শুরু করতে হয় নিজের ব্যবসা - এই সব ব্যাপারে তরুণ বয়সীরা শিখার বিস্তারিত সুযোগ পান এই ইভেন্টে।

এই ইভেন্টে যোগদানকারীদের একজন হলো ১৫ বছর বয়সের হ্যানরি এলাবি। তাঁর প্রতিক্রিয়া এমন, “কর্মশালাগুলোতে অংশ নিয়ে আমি সত্যিই খুবই কার্যকর দক্ষতা অর্জন করেছি, এতে করে বলা যায় এই ইভেন্টটা ছিলো সত্যিকার অর্থেই খুব সুফলদায়ক। ভেন্যু ছিলো চমৎকার। মাইক্রোসফট এর মতো



প্রতিষ্ঠানের লোকজনের সাথে সাক্ষাতের সুযোগ পাওয়াটাও অনেক বড় পাওয়া।

মাইক্রোসফট এর সাথে এই পার্টনারশীপের মূল লক্ষ্য হচ্ছে বারার ইয়াংদের জন্য এমন একটা অনন্য সুযোগ তৈরী করা, যাতে করে তারা তথ্য প্রযুক্তি সম্পর্কে শিখার পাশাপাশি তাদের ভবিষ্যত সম্পর্কে সিদ্ধান্ত নিতে পারে।

মেয়র অব টাওয়ার হ্যামলেটস্, জন বিগস বলেন, এই বারায় অসংখ্য প্রতিভাবান তরুণ

রয়েছেন। নিজেদের ডিজিটাল স্কিল বাড়ানোর এবং ভবিষ্যত কেরিয়ার সম্পর্কে চিন্তা ভাবনা করার সুযোগ পেলে তারা এই ইভেন্টে এসে।

তিনি বলেন, মাইক্রোসফট এবং স্কাইপির লোকজনের সাথে নেটওয়ার্কিং এর ফলে বারার তরুণদের জন্য টেক সেক্টরে কাজ করার সুবর্ণ সুযোগ পাওয়ার সম্ভাবনা তৈরী হলো।

মাইক্রোসফট এর ওয়ার্ল্ডওয়াইড পার্টনার মার্কেটিং ম্যানেজার, ম্যারিও বিনি বলেন,

বার্কলেস, স্কাইপি ও টাওয়ার হ্যামলেটস্ কাউন্সিলের সাথে মিলে এমন অনুষ্ঠান আয়োজন করতে পেরে আমরা সম্মানিতবোধ করছি। আমরা যে সকল কাজ করে যাচ্ছি, তার ফলে বিপুল সংখ্যক তরুণ অনুপ্রাণিত হচ্ছে। আমরা সবাই মিলে উন্নত ভবিষ্যত গড়তে পারি এবং নতুন প্রজন্মকে তাদের মধ্যকার সম্ভাবনার সবটুকু যাতে তারা অর্জন করতে পারে, সেইভাবে তাদেরকে অনুপ্রাণিত করতে পারি।

সেকেভ হ্যাভ টায়ার সম্পর্কে বাসিন্দাদের সতর্ক করলো কাউন্সিল Residents warned of unsafe car tyres – issue 1066

সেকেভ হ্যাভ কার টায়ার জরুরে ক্ষেত্রে অধিকতর সতর্কতা অবলম্বনের জন্য টাওয়ার হ্যামলেটস্ এর বাসিন্দাদেরকে অনুরোধ করা হয়েছে। কাউন্সিলের ট্রেডিং স্ট্যান্ডার্ডস্ টিম অনুসন্ধান চালিয়ে দেখেছে যে, বারায় অবস্থিত ব্যবসা প্রতিষ্ঠানগুলোর অধিকাংশই অনিরাপদ ব্যবহৃত টায়ার বিক্রি করে থাকে।

যুক্তরাজ্যের শীর্ষস্থানীয় গাড়ির টায়ার সেফটি সংস্থা টায়ারসেইফ এর সাথে পার্টনারশীপের

ভিত্তিতে কাউন্সিল ১৭টি ‘পার্ট ওর্ন’ টায়ার পরীক্ষা করে। কাউন্সিল এবং টায়ারসেইফ যোযনা দিয়ে ও অঘোষিতভাবে বারার টায়ারের দোকানগুলো পরিদর্শন করে।

বাসিন্দাদের সার্বিক নিরাপত্তার ক্ষেত্রে গুরুত্বপূর্ণ ভাষা মানের টায়ার বিক্রি ও সার্ভিস নিশ্চিত করতে এই অনুসন্ধান ও পরিদর্শন কার্যক্রম চালানো হয়। ১৭টি আংশিক ব্যবহৃত টায়ার পরীক্ষা করে দেখা গেছে এর ১১টিরই

নিরাপত্তাজনিত সমস্যা রয়েছে। ৬টি কার টায়ার মেরামত করা হলেও টায়ার রিপেয়ারের ক্ষেত্রে ব্রিটিশ স্ট্যান্ডার্ড বা মান অনুযায়ী তা হয়নি।

এই ৫টি টায়ার একি ডিলারের কাছ থেকে এসেছে। অন্য তিন ডিলার রিকোয়ারমেন্ট সম্পর্কে ওয়াকিবহালই নয়। পরীক্ষা করা ১৭টি টায়ারের মধ্যে মাত্র ২টি টায়ার পাওয়া গেছে, যেগুলো আবশ্যিক লিগ্যাল রিকোয়ারমেন্ট পুরোপুরি পালন করেছে।



Mayor unveils memorial bench in honour of Tayyabs restaurant

টাওয়ার হ্যামলেটসের নতুন মেয়র জন বিগস ২ জুলাই বৃহস্পতিবার বারায় একটি নতুন চ্যারিটি শপ এবং তৈয়ব রেস্টুরেন্টের প্রতিষ্ঠাতার স্মৃতির প্রতি সম্মানার্থে একটি স্মৃতি বেঞ্চ উদ্বোধন করেন।

ইস্ট লন্ডন মসজিদের পিছনে, গ্রেট সিনাগগ এর সামনে হোয়াইটচ্যাপলের ফিল্ডগেইট স্ট্রিটে আরো অনেকগুলো মেমোরিয়াল বেঞ্চ এর কাছে মোহাম্মদ তৈয়বের সম্মানার্থে এই বেঞ্চটি স্থাপন করা হয়েছে। জীবনের শেষ দিনগুলোতে তিনি এই এলাকায় অধিকাংশ সময়

অবসর কাটাতেন।

উল্লেখ্য, মোহাম্মদ তৈয়ব ১৯৭২ সালে বিখ্যাত পাঞ্জাবি রেস্টুরেন্ট তৈয়বস্ চালু করেন, যা গোটা লন্ডনের মধ্যে জনপ্রিয় রেস্টুরেন্টগুলোর একটি হিসেবে পরিচিতি লাভ করে। গত ২০১৪ সালের ১৫ নভেম্বর তিনি শেষ নিঃশ্বাস ত্যাগ করেন। তাঁর স্মৃতির প্রতি সম্মানার্থে স্থাপিত মেমোরিয়া বেঞ্চ উদ্বোধনকালে তাঁর ছেলে আলীম তৈয়ব, সাবেক কাউন্সিলর আব্দাল উল্লাহ প্রমুখ উপস্থিত ছিলেন।

ঐকতান

Send your Bengali and Somali news to Harmony, East End Life, Town Hall, 5 Clove Crescent, Poplar E14 2BG.

7364 4944

News in brief

থিও’র ওপর হামলাঃ এক ব্যক্তির জেল দণ্ড

থিও বা টাওয়ার হ্যামলেটস্ এনফোর্সমেন্ট অফিসার (টিএইচইও) হিসেবে দায়িত্বরত একজন কর্মকর্তাকে নিগূহিত করার দায়ে এক ব্যক্তিকে আদালত জেল দণ্ডে দণ্ডিত করেছে।

গত বছরের মার্চ মাসে হোয়াইটচ্যাপল এলাকার ক্যাভেল স্ট্রিটে একজন থিও’র ওপর হামলার দায়ে টেমস ম্যাজিস্ট্রেট আদালত এক্সে লরেন্স বটিভিল নামের ঐ ব্যক্তিকে ২৬ সপ্তাহের জন্য জেল দণ্ডে দণ্ডিত করলেও শর্ত সাপেক্ষে তা ১৮ মাসের জন্য স্থগিত রাখেন।

মামলার বিবরণে জানা যায়, এনফোর্সমেন্ট অফিসাররা হোয়াইটচ্যাপল এলাকায় বাই-সাইকেলে নিয়মিত টহল দানের সময় দণ্ডিত বটিভিলকে মাতাল হিসেবে দেখতে পান। তার বিরুদ্ধে এন্টিসোশ্যাল বিহেভিয়ার ওর্ডার (এএসবিও) ছিলো, যার অর্থ হলো বারার সীমানার মধ্যে সে মদ্য পান করতে পারবে না। অফিসাররা তাকে তার কাছে থাকা পানীয়ের বোতল হস্তান্তর করার জন্য নির্দেশ দিলে সে খুন করার হুমকি দেয় এবং অফিসারকে ঘুষি মারার চেষ্টা করে। পুলিশ আসার আগে একাধিকবার হামলার চেষ্টা চালায় এবং এক পর্যায়ে সে অফিসারের মুখ ও বুকে ঘুষি বসিয়ে

দিতে সক্ষম হয়। তার বিরুদ্ধে হুমকীমূলক আচরণ, শারিরিকভাবে আঘাত এবং এএসবিও ভঙ্গের অভিযোগ আনা হয়। তাকে বো রোড ম্যাজিস্ট্রেট কোর্টে তোলা হলে তিনি নিজেস্ব নির্দোষ দাবি করেন। গত মে মাসে স্টার্টফোর্ড ম্যাজিস্ট্রেট কোর্টে মামলার শুনানিকালে সিসিটিভি ফুটেজ দেখানো হলে তিনি দোষ স্বীকার করে নেন। আদালত তাকে দোষি সাব্যস্ত করে সাপেক্ষে জেল দণ্ডে দণ্ডিত করেন।

আমাজন এ প্রকাশিত হলো সম্পূর্ণ বাংলা হরর ম্যাগাজিন

টাওয়ার হ্যামলেটসের বাসিন্দা তরুণ ভৌতিক গল্প লেখক/সম্পাদক নাফী মোহাম্মদ আনাম এর সম্পাদনায় আমাজন এ প্রথমবারের মতো প্রকাশিত হলো সম্পূর্ণ বাংলা ভৌতিক ম্যাগাজিন হরর পত্রিকা ২। এই ম্যাগাজিনের প্রথম ইস্যুটি প্রকাশিত হয়েছিলো ২০০৯ সালে বাংলাদেশে। সম্পূর্ণ বাংলায় প্রকাশিত এই ম্যাগাজিনটি এখন আমাজন ইউকে ও ইউএস সাইটে পাওয়া যাচ্ছে। আমাজন.সিও.ইউকে সাইটে গিয়ে ‘হরর পত্রিকা’ লিখে সার্চ দিলেই ম্যাগাজিনের কপিটি পাওয়া যাবে।

■ The above stories are: man sentenced – issue 1066; Bengali Horror magazine.

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Tower Hamlets Council has a Mayor and 45 councillors who are responsible for the day-to-day of governance in which the Mayor, John Biggs, has personal responsibility and executive authority. Mayor Biggs is responsible for determining and delivering a range of policies and priorities. He is advised by his cabinet of councillors and by council

BETHNAL GREEN



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officers.

The members of the cabinet (*) are:

Cllr Sirajul Islam – statutory deputy mayor and cabinet member for housing, faith communities & welfare reform
Cllr Rachael Saunders – deputy mayor and cabinet member for education, children's services & the third sector

Cllr Shiria Khatun – deputy mayor and cabinet member for community safety
Cllr Rachel Blake – cabinet member for strategic development
Cllr Joshua Peck – cabinet member for work & economic growth

Cllr Amy Whitelock Gibbs – cabinet member for health & adult services
Cllr Asma Begum – cabinet member for culture
Cllr Ayas Miah – cabinet member for environment
Cllr David Edgar – cabinet member for resources

You can contact Mayor Biggs at the Town Hall
Call 7364 4993 or email
mayor@towerhamlets.gov.uk

All councillors can be contacted at the Town Hall, Mulberry Place, 5 Clove Crescent, Poplar, E14 2BG.

Surgery information can be found at www.towerhamlets.gov.uk/councillors

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The artists' gallery

The Whitechapel Gallery was founded in 1901 to bring art to the people of east London.

WWW.WHITECHAPELGALLERY.ORG



From art society to museum

Ben Uri was founded on July 1, 1915 by Russian emigré artist Lazar Berson, in Gradel's restaurant, Whitechapel. It was established to support and nurture art and creativity.

WWW.BENURI.ORG.UK

Out & about guide

What's on where this week

Dance

Argentinian tango E14

Class. Sat 1-5pm. £5. St John's Community Hall, 37 Glengall Grove, E14.
7538 3852

Ballroom/Latin American

Fri, 1.45-3.45pm, £5, free refreshments. No beginners.
Kingsley Hall, Powis Road, E3.
8550 1392

Brazilian dance aerobic classes

Weds 9-10am & Thurs, 1-2pm. Free.
Alpha Grove Centre, Isle of Dogs, E14
7538 1714

Energize4Girlz

South African gumboot dancing. Every other Saturday from 11am-12.30pm.
St Pauls Shadwell Church, 302 The Highway, E1.
energize4girlzdance@gmail.com

Salsa

For dancers of all experience, beginners welcome. Class is followed by dancing until midnight. Prices vary. Free first class for ladies.
Every Weds, 7.30-9.30pm.
The Urban Bar, 176 Whitechapel Road, E1.
07932 658861

Swing Dance

All ability levels welcome. Every Fri, 7-9pm.
£7 per person or £10 for a lead/follow couple.
The Hall, St Margaret's House, 21 Old Ford Road, E2.
8980 2092



Postcards from Aldgate East

In July 1915, a group of emigré Jewish artists came together above Gradel's Restaurant in Aldgate East to establish the Ben Uri art society. From these modest beginnings, Ben Uri has evolved into a specialist museum with a collection of more than 1,300 works. As part of its centenary celebrations, it has joined with Oxford House to develop the Postcards from Aldgate East community project. This saw residents photograph the street life, architecture and cultural landmarks of the Aldgate East neighbourhood. Alongside the exhibition there will be a short film tracing a walk around the area.
Until Jul 31. Mon-Fri, 9am-10pm, Sat and Sun, 10am-2pm.
Oxford House, Derbyshire Street, Bethnal Green, E2.
www.oxfordhouse.org.uk

Picture by Christine Hall

Events

Open Talk with Professor Ahmed Samatar

Discussing the relationship between culture and development, and why it is important to preserve it.
Sun, Jul 12, 4pm. Free.
Oxford House, Derbyshire Street, Bethnal Green, E2.
www.eventbrite.co.uk

Exhibition

Contemporary Art Boot Camp 2015

Work with five artists in five days and experiment with a range of artistic techniques including photography and printmaking in a creative studio.
Mon, Aug 17 to Fri, Aug 21, 10am-4pm. Free. Ages 15-21. Booking essential.
Whitechapel Gallery, 77-82 Whitechapel High Street, E1.
www.whitechapelgallery.org

Music

Barnstorming with Ole Bull

Ole Bull aficionado Peter Sheppard Skærved recreates performances.
Wed, July 8. 7pm talk, 7.30pm concert.
£12.50 adult, £6 child.
Wilton's Music Hall, Graces Alley, E1.
wiltons.org.uk

Citadel Festival

With headliners Ben Howard and Bombay Bicycle Club.
Sun, Jul 19. 7am until dusk. £45.
Victoria Park, Victoria Park Road, E3.
www.citadelfestival.com

The Sensory Score

BitterSuite and Tanya Auclair collaborate to create a sensory

concert with original music.
Fri, Jul 31. 7.30pm, 8.15pm, 9pm and 9.45pm. £7, £5 concs.
RichMix, 35-47 Bethnal Green Road, E1.
www.richmix.org.uk

Summer Festival

Live music with Tragic Roundabout, dance, walkabout acts, food, designer stalls, henna, face-painting, games and lots of crafty make and do.
Sun, Jul 26, 11.30am-4.30pm. Free for all ages.
V&A Museum of Childhood, Cambridge Heath Road, E2.
www.vam.ac.uk/moc

Summer concert of classical music

Queen Mary Chamber Ensemble.
Weds, Jul 15, 6.30pm. £7.50.
Barts Pathology Museum, St Bartholomews Hospital, West Smithfield, EC1A.
www.eventbrite.co.uk

Theatre

Heartbreak Hotel

Book into Heartbreak Hotel, a utopia for lost souls and broken hearts.
Until Sun, Aug 30. Various times. £10-£20.
The Jetty, Greenwich Peninsula, SE10.
www.thejettygreenwich.co.uk

Walk

Whitechapel Walks

Exploring the history of the gallery and the local neighbourhood.
Sun, Aug 2 and Sept 6, 3pm. Free.
Whitechapel Gallery, 77-82 Whitechapel High Street, E1.
www.whitechapelgallery.org



ARE YOU A CIRCLE HOUSING OLD FORD RESIDENT? find out how to save up to £300 ON YOUR ENERGY BILLS

Date: 16th July
Time: 10am – 2.30pm, with refreshments & lunch provided
Venue: Eastside Youth & Community Centre, 6 Parnell Road, E3 2RB



Learn how to reduce your energy bill – and find out about becoming a Circle 'energy champion'
This session will give you lots of simple and practical ideas about how you can reduce your energy bill. Many households can save £300 or more every year on their gas and electricity bills through a few simple steps. If possible, please bring along a copy of your latest energy bill or annual statement.

Are you interested in becoming a resident energy champion?

Circle provides a regular programme of training sessions to our Resident Energy Champions about how to keep the heat in and save money on energy bills. The Champions attend community events and hand out leaflets to help others in their community to cut their bills too. Each year, we hold a celebration day for all our champions to share learning and top tips about engaging with residents on energy issues.

Please call us on 020 8981 3298 to book a place

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Opening up to more talent

Since 2012, the Whitechapel Gallery has expanded the reach of the London Open exhibition to artists from all over the capital, recognising the gallery's cultural role in the city.

SEE BELOW

Village people

The Village Butty strives to educate, inform and connect groups and help preserve the city's waterways.

FACEBOOK/THEVILLAGEBUTTY

Out & About

Whitechapel opens up to the best artists in London

BY MELANIE YEA

THE Whitechapel Gallery has announced the artists for The London Open 2015.

The exhibition, which takes place every three years, is open to artists aged 26 or over who are currently living or working in London.

This year 48 artists, hailing from all over the world but now based in the capital, have been picked from a record 2,133 applicants.

Established names such as Emma Hart, Mary Ramsden and Tim Stoner, as well as emerging talent including Tim Ellis, Eva Stenram and Dominic Watson got the nod from the selection panel.

The exhibition from Wednesday, July 15 to Sunday, September 6, will feature painting, sculpture, moving image, photography, drawing, performance and installations.



Lothar Götz's Double-take will be on show

Abstract and figurative painting as well as participatory and conceptual art have emerged as strong threads.

The show includes a brick sculpture built on site by father-daughter team bricklayer Brian Watts and artist Demelza Watts; a tense video work by Nelmarie du Preez of a robotic arm, programmed

by the artist to repeatedly stab a knife between her spread fingers; an ice-sculpture by multi-media artist Sam Curtis; and wall-paintings by Lothar Götz. Many works included in the exhibition are available for purchase.

Gallery spokesman Daniel Herrmann said: "The entries were of exceptionally



Nelmarie du Preez, to stab, 2013

high quality – testament to London's status as the art capital of the world."

Admission is free and the exhibition is open Tuesday to Sunday, 11am-6pm, and Thursdays, 11am-9pm.

For a full list of the chosen artists and for more information, visit www.whitechapelgallery.org

Discover the power of poison

A NEW exhibition at the Old Truman Brewery on Brick Lane will reveal what happens when people come into contact with toxic substances.

The Power of Poison, which runs until September 6, is a family-friendly immersive exhibition with interactive components, models, multi-media displays and live animals.

The organisers are promising to take visitors on a journey filled with mystery, intrigue, fascinating tales and life-saving cures.

Visitors can also get involved in a theatre presentation in the Power of Poison Laboratory and be at the centre of solving poison crimes.

For more information visit www.powerofpoison.co.uk



SHAKESPEAREAN comedy inhabits the world of a decayed but decadent Victorian music hall in Pell Mell's new production. Twelfth Night or What You Will sees Orsino, a maniacal master of ceremonies, desperate to regain the services of Olivia, his former leading lady, lost in a sinkhole of depression. The only one who can bring a smile back to her face is Orsino's newest recruit, the clown, Cesario. Using Shakespeare's lyric text alongside a wide range of live music, dance, burlesque and circus performance, the show takes in issues such as love, madness and identity. Performances start at 7.30pm from Tuesday, July 21, to Saturday, August 8 (excluding Mondays and July 31 to August 1) at The Space, Westferry Road, E14. Tickets cost £14/£10. For more information, or to book tickets, visit www.space.org.uk

News in brief

All aboard the hall

A FLOATING village hall will be officially opening its doors on the Regent's Canal at Mile End on Saturday, July 11.

The unusual, engineless narrowboat designed to carry cargo – called a Butty – will be the focal point of a summer fete.

Festivities over the weekend will include live performances, storytelling, a tug of war tournament, a cake competition and a ceilidh.

The brainchild of Alice Cade, Ian Horrocks and James Bentley, seasoned boaters who have lived on the canals and rivers for several years, the event aims to bring together boaters and land lubbers to enjoy and celebrate the waterways.

Funds are also being sought via www.crowdfunder.co.uk/the-village-butt to help keep the village hall afloat and available for the local community.

For more information visit [Facebook/thevillagebutty](https://www.facebook.com/thevillagebutty)

Feeding the 500

THIS year's Shuffle Festival starts in Mile End on Friday, July 24 with a free feast for 500 people.

Local organisations and people living in the borough are invited to attend.

The feast will start with a procession by inclusive arts group Paracarnival around Tower Hamlets Cemetery Park and ends with an Ethiopian coffee ceremony.

Then, as the cemetery darkens, the outdoor cinema screenings begin.

If you have not had your invitation, or would like to register for one, email lizzy@shufflefestival.co.uk

Get the festival feel

ON Wednesday, July 15, get the festival feeling at The Backyard Bar in Bethnal Green.

The Bubble Club is hosting the event which will feature reggae, chilled-out electronica, visual effects, dancing and more.

Open 7pm till 11pm and tickets are available on the door at £5.

For more information visit www.backyardbar.co.uk

Sleepless Nights?

Not any more!

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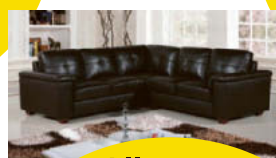
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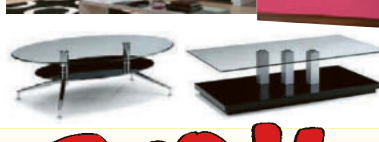


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We're looking for people with experience of being a parent/carer or experience working with families **FREE level 3 City & Guilds Qualification in Working with Parents** course beginning in September 2015.

Upskill and explore your options in a fun and friendly way. Come along to an **information session** for a coffee and a chat with our team on:

Tuesday 21st July 2015

OR

Thursday 23rd July 2015

Island House Community Centre

Roserton Street

Castalia Square

Isle of Dogs E14 3PG

For more information or to book a place at your preferred session, contact the team: **07708 585 876** or CPEnquiries@island-house.org

Read more about the work we do at www.island-house.org.uk/projects



We look forward to hearing from you soon!





Healthy way to prevent cancer

World Cancer Research Fund is dedicated to the prevention of cancer through the promotion of healthy diet and nutrition, physical activity and weight management.

WWW.WCRF-UK.ORG

Yummy scrummy

Restaurant reviews are a popular feature of East End Life. If you would like to advertise on this page,

CALL OUR ADS TEAM ON 7364 4940

Eating out, eating in

Jump in a hot tub for cocktails and canapés

BY STARVIN' MARVIN

AL FRESCO dining takes on a new meaning this summer with the arrival of a pop-up eatery providing canapés and cocktails to diners in a hot tub.

Tickets to the eatery under the stars entitle diners to two to three hours in a hot tub, with service – food and drink – provided at an additional cost.

Munch on a small plate of one-bite Peruvian tapas (£3.50-

£4.50 each), or you can pre-order tapas for two, including a selection of plates and a pair of welcoming pisco (brandy from Chile and Peru) sours for £35.

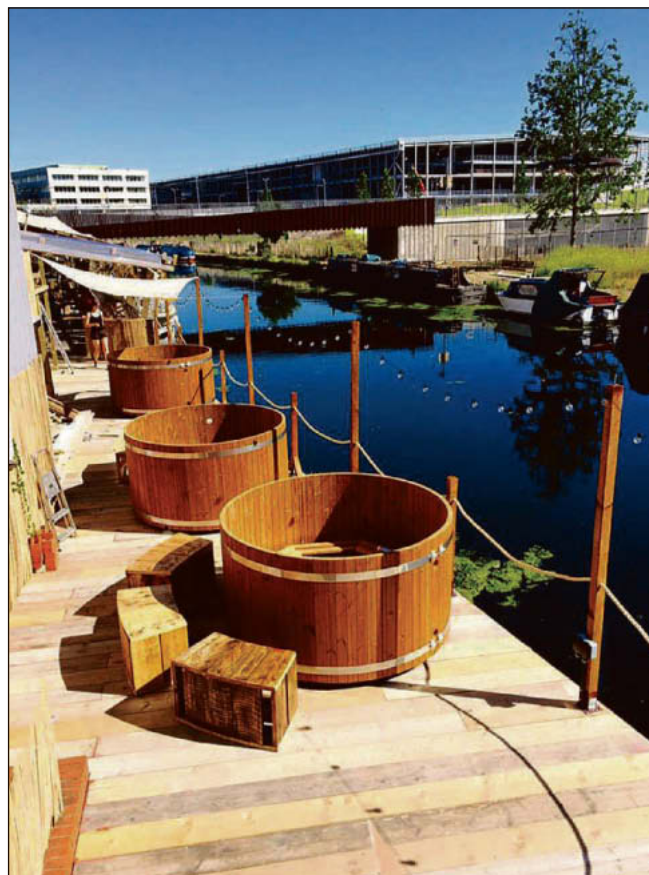
The menu also features bite-sized portions of sea bass, applewood smoked chilli pepper, red onion, tiger prawns, pink grapefruit and coriander.

Skewers from the grill include organic British rump steak marinated with pisco brandy and herbs, drizzled with lime and herb oil (£4.50); king prawn tossed with pomegranate molasses and scallion (£4.50) and halloumi and watermelon salad dressed with minted oil (£3.50).

Diners with a sweet tooth might like skewers of watermelon balls, dressed with passion fruit and orange blossom (£3.50), or strawberries dipped in Peruvian spiced dark chocolate (£3.50).

The pop-up is for adults aged 18 or over. Towels are available for hire at £4 each or diners are welcome to bring their own.

Guests are encouraged to take flip flops or suitable



Cool off and tuck in to some tasty tapas

footwear for walking along the deck and take a shower before entering the tub.

■ Supper Tub is at 90 Wallis Road, E9. @suppertub www.suppertub.co.uk

A perfect light, summery lunch

WORLD Cancer Research Fund produces all kinds of healthy recipes – including for the Great Grub Club.

For more information about our cancer prevention research or to track down health recipes, visit www.wcrf-uk.org

But, for the summer months, try this quick and easy salad. It's the perfect option for a healthy packed lunch – quick to prepare and bursting with flavour!

Use different grains to vary the dish. Bulgar wheat and quinoa also work well.



Couscous salad – serves 2

Ingredients

100-125g couscous (uncooked weight)
180ml boiling water
1 tsp olive oil
15g butter
75g green beans

1 red pepper, sliced into one-inch pieces
2 shallots, finely diced
2 tomatoes, diced
8 black olives, chopped
50g feta cheese, cubed
2 tbsp lemon juice

Method

1. Place couscous in the boiling water in a saucepan, adding the olive oil, and allow to stand for 5 minutes without heating.
2. Add butter and gently heat for 5 minutes, then allow to cool.
3. In a separate pan, cook the green beans for 5-6 minutes,

allow to cool and then chop into one-inch pieces.
4. Add the green beans, sliced peppers, shallots, tomatoes and black olives to the couscous.
5. Crumble the feta cheese into the dish.
6. Pour the lemon juice on top, mix all together and serve.



Supper Tub by night

Summer Education Supplement 2015

East End Life is publishing its summer education supplement on 17 August.

This is a fantastic opportunity for all educational establishments, tuition services and training organisations to advertise their services to local residents, prior to the GCSE and A-Level results coming out. Advertisers will also get 500 words of editorial included in the price.

Booking deadline is Friday 10th July
Artwork submission deadline is Friday 17th July

For enquiries and bookings please call

Sharan 020 7364 4061 • Christine 020 7364 4994
Terri 020 7364 4682 • Fatima 020 7364 4623



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(corner of Grove Road/Roman Road)

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12-2pm

Affordable Vintage
Pre-loved Book Stall
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Admission
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A summer celebration

Outdoor games, Bollywood dancing and a craft market are some of the attractions of the Roman Road Festival.

ROMANROADLONDON.COM

Managing the market and more



Poplar HARCA owns and manages the retail development at Chrisp Street Market as well as around 9,000 homes in Poplar. It also runs a number of community activities.

WWW.POPLARHARCA.CO.UK

Property

Tenants offered sub-let amnesty

BY HELEN WATSON

A HOUSING association in Poplar is offering an amnesty to tenants illegally sub-letting their homes.

Until the end of August, Poplar HARCA tenants renting out their homes to others without permission can hand back the keys and end their tenancy, no questions asked.

From September, the housing association will push for maximum sentences in the courts.

Following changes to the law in 2013, those found guilty could be subject to two years in jail,

finest of £50,000 and recovery, not only of the property, but also the proceeds from renting it out, and all legal costs.

Poplar HARCA's counter fraud investigator Avril Drummond said: "I'm closing in on the criminal tenants. It's outrageous – families wait longer on the housing list the people living in the property pay huge amounts without any security and neighbours often have noise, nuisance and a lot of comings and goings."

"The government estimates 98,000 tenancies are illegally sub-let across the UK. It goes against the grain not to take

every one through the courts. It's a final chance to do the right thing and walk away."

Residents can give up their tenancies with no questions asked by contacting their housing officer. Anyone with information about tenancy fraud can call Avril on 0800 035 1991, email avril.drummond@poplarharca.co.uk or report it at www.poplarharca.co.uk

You will get £500 if your information helps recover a home, or you can stay anonymous and Poplar HARCA will donate the £500 to homelessness charity Shelter.



RESIDENTS and businesses in Roman Road will celebrate the summer by staging a festival on Sunday, July 12 and 19. The festival is organised by the Roman Road Resident & Business Association and the council. It is free and starts at 11am on both days. Attractions include a screen outside Gladstone Place, showing the Wimbledon

men's tennis final, outdoor games, sporting activities and a party to celebrate Eid. There will also be a number of fringe events throughout the week along Roman Road. Mayor John Biggs said: "This festival is a great chance for local people to celebrate summer in this unique neighbourhood." For more details visit romanroadlondon.com

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09/07/15

Find out about local schools, council services, transport links, and businesses at: www.upmystreet.com



You can bid for these homes only if you have an active application on the Tower Hamlets Housing List. Please do not visit any of them as it may cause a nuisance to neighbours.

We can only contact people we make offers to. Offers are made in priority order based on the lettings policy. A copy of the policy is available from us on 020 7364 2826 or on the website.

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Waxaan kaliya oo aan la xidhiidhnaa dadka aanu guryo ugu deeqayno. Guryo bixintu waxa lagu gaadhaa habka mudnaanta loo kala leeyahay ee ku salaysan nidaamka guryo kiraynta. Nuqul ka mid ah nidaamkan waxaad nagaga heli kartaa adigoo la soo xidhiidha telefanka 020 7364 2826 ama cinwaanka internetka

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取這份政策，請致
電我們，號碼 020
7364 2826，或瀏覽
網站。

Nếu đơn thỉnh cầu của bạn trong danh sách xin cấp nhà của Tower Hamlets mà có kết quả, bạn có thể lựa chọn những căn nhà này. Xin đừng tới tham quan bất cứ căn nhà nào vì có thể gây nên những phiền toái cho hàng xóm.

Chúng tôi chỉ có thể liên lạc với những người chúng tôi cấp nhà. Quyết định cấp nhà theo thứ tự ưu tiên dựa trên chính sách cho thuê nhà. Nếu bạn cần bản sao chính sách này, bạn có thể gọi số 020 7364 2826 hoặc vào trang web.

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سکتا ہے۔

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یہ پیشکش کرنا یہ داری کی پالیسی کی بنیاد
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website: www.towerhamlets.gov.uk

Support Charges apply to **all Sheltered homes for the Over 60's**. This will be covered by Supporting People Subsidy **if you are entitled to Housing Benefit or other benefits**. Subsidy is also available for individuals not in receipt of benefit in some cases. If you need information about financial help, please contact the Lettings Team on 020 7364 0204/0206 or ask for a copy of our leaflet '**Support Charges in long term Supporting People Services**'. This is also available on our website www.towerhamlets.gov.uk.

Further information on homes advertised is available at One Stop Shops & Neighbourhood Housing Offices

Key for Accessible Housing Register

Some people require a home that is accessible. These homes are coded as follows:

Category	Description
A Wheelchair Accessible	Purpose built to meet most recent wheelchair housing standards
B Partially Wheelchair Accessible	Designed to older wheelchair housing standards
C Life time Homes	Specifically designed to create an accessible and adaptable home
D Easy Access	Designed to be spacious with no steps to the property
E Step-free	General housing with no steps to the property
F General Housing	Does not meet requirements for other categories
G Not assessed	Property not yet had access survey

Vulnerable applicants who need help and information regarding their housing application and with finding suitable accessible and/or adapted homes, contact the Lettings Client Support Team on **020 7364 0204 / 0206 / 0209**.



1. Internet Bidding
Just log on to www.thhs.org.uk



2. Telephone Bidding
Simply call **0845 270 2400**

Permit Transfer Scheme: for residents moving to 3 bedroom or larger social rented car free homes

The Mayor of Tower Hamlets introduced the new Permit Transfer Scheme (PTS) to operate from 5 September 2011 to help to reduce the levels of overcrowding in social rented housing in the borough. The PTS helps some families move to larger social rented car free homes by allowing them to retain one on-street resident car parking permit, subject to the PTS criteria as outlined below being met. The PTS is a change in the operation of the Council's existing on-street Residents' Parking Permit Scheme.

CAR FREE HOMES No on-street residents' parking permits issued

The Council's 'car free homes' planning policy was introduced in Tower Hamlets in the late 1990s to help reduce traffic congestion and better manage the limited supply of on-street parking spaces. This initiative also helps to reduce the level of air pollution from motor vehicles and encourages more people to walk, cycle and go by public transport.

The Transport for London (TfL) Cycle Hire scheme (www.tfl.gov.uk/cycling) and local pay-as-you-go car clubs (www.carplus.org.uk) are also now available in Tower Hamlets to help you get around in healthier, greener ways.

If you live in a car free home, you will not be able to apply for on-street residents' car parking permits, unless you hold a disabled driver's blue badge or are eligible under the Permit

Transfer Scheme (PTS), which is targeted at social rented housing residents. The criteria for the PTS is as follows:

1. applies to residents moving to 3 bedroom or larger social rented car free homes;
2. only one on-street resident parking permit per household is permitted;
3. you must have held your on-street car parking permit for at least 1 year prior to moving home;
4. your on-street parking permit must be renewed and **not lapse to remain eligible** under the scheme;
5. the tenant is responsible for providing proof of PTS eligibility to Parking Services (including a duly signed and dated Tower Hamlets Homes or housing association approved tenancy agreement); and

6. the PTS was introduced on (and operates from) 5 September 2011 by Tower Hamlets Council and **is not retrospective**.

Residents in car free homes can apply for a temporary parking permit for visiting trades people for £5 a day. To qualify, written proof of the work to be carried out must be provided, along with the vehicle's details. Each home can apply for a maximum of 20 one-day-permits within a 6 month period.

Alternatively, scratchcards are available for trades people and visitors, providing parking for up to five hours on weekdays and all day on weekends. Households can apply for up to 3 books of 10 scratchcards per year. For permit charges and information, visit www.towerhamlets.gov.uk/parking



SHELTERED
Accessible Category F
HOGARTH COURT, BATTY STREET, E1

Flat • 1 Bed 2 Person • 2nd floor • Separate kitchen • One lift • Entryphone • Bathroom with W/C • GCH • No garden • Permit parking • Pets not permitted • One week's advance rent required at sign up of tenancy

Eligibility : Min Client Age 60

£155.81, Weekly - Social Rent
Landlord: Southern Housing Group

Property Ref: 32775



SHELTERED
Accessible Category F
HOGARTH COURT, BATTY STREET, E1

Flat • 1 Bed 2 Person • Ground Floor • Separate kitchen • No Lift • Entryphone • Bathroom with W/C • GCH • No garden • Permit parking • Pets not permitted • One week's advance rent required at sign up of tenancy

Eligibility : Min Client Age 60

£155.81, Weekly - Social Rent
Landlord: Southern Housing Group

Property Ref: 32860



SHELTERED
Accessible Category E
LAWRENCE CLOSE, E3

Flat • 1 Bed 2 Person • Ground Floor • Separate kitchen • One lift • Entryphone • Bathroom with W/C • GCH • Shared garden • Permit parking • Pets not permitted

Eligibility : Min Client Age 60

£177.87, Weekly - Social Rent
Landlord: Gateway Housing Association

Property Ref: 32874



OVER 50's
Accessible Category F
JANET STREET, E14

Flat • 1 Bed 2 Person • Ground Floor • Separate kitchen • No Lift • Bathroom with W/C • GCH • No garden • Permit parking • Pets not permitted • Fixed Term. This is a fixed term tenancy of 2-5 years except for those currently holding a Secure or Assured social housing tenancy

Eligibility : Min Client Age 50

£148.77, Weekly - Social Rent
Landlord: One Housing Group

Property Ref: 32861



1 BEDROOM
Accessible Category F
PACIFIC HOUSE, ERNEST STREET, E1

Flat • 1 Bed 2 Person • 1st floor • Separate kitchen • No Lift • Separate Bathroom and W/C • GCH • No garden • Permit parking • Pets permitted

£112.96, Weekly - Social Rent
Landlord: Tower Hamlets Council

Property Ref: 32858



1 BEDROOM
Accessible Category F
PHOENIX COURT, MAST HOUSE TERRACE, E14

Flat • 1 Bed 2 Person • 3rd floor • Separate kitchen • One lift • Bathroom with W/C • GCH • No garden • Permit parking • Pets not permitted

£145.45, Weekly - Social Rent
Landlord: East Thames Group

Property Ref: 32882



1 BEDROOM
Accessible Category F
RHODESWELL ROAD, E14

Flat • 1 Bed 2 Person • 4th floor • Separate kitchen • One lift • Entryphone • Bathroom with W/C • GCH • No garden • Permit parking • Pets permitted • Heating & hot water included in charges

£126.73, Weekly - Social Rent
Landlord: Tower Hamlets Council

Property Ref: 32873



1 BEDROOM
Accessible Category D
PROSPECT HOUSE, CAMPBELL ROAD, E3

Flat • 1 Bed 2 Person • 5th floor • Open plan kitchen • One lift • Entryphone • Bathroom with W/C • GCH • No garden • Car free home • Pets with landlords permission • Fixed Term. This is a fixed term tenancy of 5 years except for those currently holding a Secure or Assured social housing tenancy

£133.33, Weekly - Social Rent
Landlord: Swan Housing Association

Property Ref: 32863



1 BEDROOM
Accessible Category F
BERKELEY HOUSE, WELLINGTON WAY, E3

Flat • 1 Bed 2 Person • 10th floor • Separate kitchen • One lift • Entryphone • Bathroom with W/C • Electric storage heater • No garden • Residents parking scheme, Permit parking • Pets with landlords permission

Eligibility : Band 3

£128.82, Weekly - Social Rent
Landlord: EastendHomes

Property Ref: 32859



2 BEDROOMS
Accessible Category F
PITSEA STREET, E1

Maisonette • 2 Bed 4 Person • 2nd floor • Separate kitchen • No Lift • Entryphone • Separate Bathroom and W/C • GCH • No garden • Permit parking • Pets permitted • Heating & hot water included in charges

£156.06, Weekly - Social Rent
Landlord: Tower Hamlets Council

Property Ref: 32864



2 BEDROOMS
Accessible Category F
LIPTON ROAD, E1

Maisonette • 2 Bed 4 Person • 2nd floor • Separate kitchen • No Lift • Entryphone • Separate Bathroom and W/C • GCH • No garden • Permit parking • Pets permitted • Heating & hot water included in charges

£148.43, Weekly - Social Rent
Landlord: Tower Hamlets Council

Property Ref: 32879



2 BEDROOMS
Accessible Category F
BLADEN HOUSE, DUNELM STREET, E1

Flat • 2 Bed 4 Person • Ground Floor • Separate kitchen • No Lift • Separate Bathroom and W/C • Check heating on viewing • No garden • Permit parking • Pets permitted

£123.82, Weekly - Social Rent
Landlord: Tower Hamlets Council

Property Ref: 32878



2 BEDROOMS
Accessible Category F
FARNWORTH HOUSE, MANCHESTER ROAD, E14

Flat • 2 Bed 3 Person • 2nd floor • Separate kitchen • One lift • Entryphone • Separate Bathroom and W/C • GCH • No garden • Permit parking • Pets not permitted

£134.13, Weekly - Social Rent
Landlord: EastendHomes

Property Ref: 32872



2 BEDROOMS
Accessible Category F
MARKET SQUARE, E14

Maisonette • 2 Bed 4 Person • 1st floor • Separate kitchen • No Lift • Separate Bathroom and W/C • GCH • No garden • Permit parking • Pets with landlords permission • One week's advance rent required at sign up of tenancy

£157.33, Weekly - Social Rent
Landlord: Poplar HARCA

Property Ref: 32881



2 BEDROOMS
Accessible Category G
OSTERLEY HOUSE, GIRAUD STREET, E14

Flat • 2 Bed 4 Person • 2nd floor • Separate kitchen • One lift • Entryphone • Separate Bathroom and W/C • GCH • Balcony • Permit parking • Pets with landlords permission • One week's advance rent required at sign up of tenancy

PREFERENCE WILL BE GIVEN TO HOUSING MOVES APPLICANTS

£141.27, Weekly - Social Rent
Landlord: Poplar HARCA

Property Ref: 32865



2 BEDROOMS
Accessible Category D
CARMINE WHARF, COPENHAGEN PLACE, E14

Flat • 2 Bed 3 Person • 2nd floor • Open plan kitchen • One lift • Entryphone • Bathroom with W/C • Electric radiators • No garden • Car free home • Pets not permitted • One week's advance rent required at sign up of tenancy

£141.70, Weekly - Social Rent
Landlord: Gallions Housing Association

Property Ref: 32877



2 BEDROOMS
Accessible Category F
PARRY HOUSE, GREEN BANK, E1W

Flat • 2 Bed 4 Person • Ground Floor • Separate kitchen • No Lift • Wet room (walk in shower) • GCH • No garden • Permit parking • Pets permitted

£134.12, Weekly - Social Rent
Landlord: Tower Hamlets Council

Property Ref: 32880



2 BEDROOMS
Accessible Category G
WITAN STREET, E2

Flat • 2 Bed 3 Person • 3rd floor • Separate kitchen • No Lift • Entryphone • Bathroom with W/C • GCH • No garden • Permit parking • Pets not permitted

£148.45, Weekly - Social Rent
Landlord: Spitalfields HA

Property Ref: 32883



3 BEDROOMS
Accessible Category F
FARRELL HOUSE, RONALD STREET, E1

Flat • 3 Bed 5 Person • 11th floor • Separate kitchen • One lift • Entryphone • Separate Bathroom and W/C • GCH • No garden • Residents parking scheme • Pets not permitted

Eligibility : Homeless Permanent

£159.91, Weekly - Social Rent
Landlord: Tower Hamlets Community Housing

Property Ref: 32866



3 BEDROOMS
Accessible Category F
BISCAY HOUSE, ERNEST STREET, E1

Flat • 3 Bed 5 Person • 3rd floor • Separate kitchen • One lift • Entryphone • Separate Bathroom and W/C • GCH • No garden • Permit parking • Pets permitted

£136.91, Weekly - Social Rent
Landlord: Tower Hamlets Council

Property Ref: 32862



3 BEDROOMS
Accessible Category D
GREENAN COURT, MEATH CRESCENT, E2

Flat • 3 Bed 4 Person • 3rd floor • Open plan kitchen • One lift • Entryphone • Wet room (walk in shower) • no bath • Electric radiators • No garden • Car free home • Pets not permitted

£164.48, Weekly - Social Rent
Landlord: East Thames Group

Property Ref: 32857



4 BEDROOMS
Accessible Category F
EDGAR ROAD, E3

House • 4 Bed 6 Person • Ground Floor • Separate kitchen • No Lift • Bathroom with W/C • GCH • Private garden • Permit parking • Pets not permitted • Additional downstairs WC • One bedroom downstairs

£162.65, Weekly - Social Rent
Landlord: Gateway Housing Association

Property Ref: 32876

Reminder

Please respect people's privacy by not attempting to access advertised properties or knocking at neighbouring homes. This causes a nuisance and may distress some individuals.



1. Internet Bidding –
Just log on to
www.thhs.org.uk



2. Telephone Bidding –
Simply call
0845 270 2400

AFFORDABLE RENT PROPERTIES

Changes to Government policy mean that Housing Associations have been forced to charge higher rents on some properties. In addition not all tenancies will be tenancies for life. Please note the rent level and length of tenancy offered on the following homes.

You are advised to check the Homeseekers website at www.thhs.org.uk for further information.

AFFORDABLE RENT
Accessible Category D
HOOVER TOWER, LANTERNS WAY,
E14
Flat • 3 Bed 5 Person • 7th floor • New build
• Open plan kitchen • Two lifts • Entryphone
• Bathroom with W/C • GCH • No garden •
Car free home • Pets not permitted • Fixed
Term. This is a fixed term tenancy of 2-5
years • Electric cooking only

Advert represents 4 properties
£255.68, Weekly - Affordable Rent
Landlord: One Housing Group

Property Ref: 32777

AFFORDABLE RENT
Accessible Category D
HOOVER TOWER, LANTERNS WAY,
E14
Flat • 4 Bed 7 Person • 7th floor • New build
• Separate kitchen • Two lifts • Entryphone •
Bathroom with W/C • GCH • No garden •
Car free home • Pets not permitted • Fixed
Term. This is a fixed term tenancy of 2-5
years • Electric cooking only

Advert represents 2 properties
£260.06, Weekly - Affordable Rent
Landlord: One Housing Group

Property Ref: 32778

AFFORDABLE RENT
Accessible Category D
HOOVER TOWER, LANTERNS WAY,
E14
Flat • 2 Bed 3 Person • 7th floor • New build
• Open plan kitchen • Two lifts • Entryphone
• Bathroom with W/C • GCH • No garden •
Car free home • Pets not permitted • Fixed
Term. This is a fixed term tenancy of 2-5
years • Electric cooking only

£252.41, Weekly - Affordable Rent
Landlord: One Housing Group

Property Ref: 32781

AFFORDABLE RENT
Accessible Category C
HOOVER TOWER, LANTERNS WAY,
E14
Flat • 3 Bed 5 Person • 8th floor • New build
• Separate kitchen • Two lifts • Entryphone •
Bathroom with W/C • GCH • No garden •
Car free home • Pets not permitted • Fixed
Term. This is a fixed term tenancy of 2-5
years • Electric cooking only

£255.68, Weekly - Affordable Rent
Landlord: One Housing Group

Property Ref: 32784

AFFORDABLE RENT
Accessible Category D
HOOVER TOWER, LANTERNS WAY,
E14
Flat • 3 Bed 5 Person • 8th floor • New build
• Open plan kitchen • Two lifts • Entryphone
• Bathroom with W/C • GCH • No garden •
Car free home • Pets not permitted • Fixed
Term. This is a fixed term tenancy of 2-5
years • Electric cooking only

Advert represents 3 properties
£255.68, Weekly - Affordable Rent
Landlord: One Housing Group

Property Ref: 32785

AFFORDABLE RENT
Accessible Category D
HOOVER TOWER, LANTERNS WAY,
E14
Flat • 4 Bed 7 Person • 8th floor • New build
• Separate kitchen • Two lifts • Entryphone •
Bathroom with W/C • GCH • No garden •
Car free home • Pets not permitted • Fixed
Term. This is a fixed term tenancy of 2-5
years • Electric cooking only

Eligibility : Homeless Permanent

£260.06, Weekly - Affordable Rent
Landlord: One Housing Group

Property Ref: 32786

AFFORDABLE RENT
Accessible Category D
HOOVER TOWER, LANTERNS WAY,
E14
Flat • 3 Bed 5 Person • 8th floor • New build
• Separate kitchen • Two lifts • Entryphone •
Bathroom with W/C • GCH • No garden •
Car free home • Pets not permitted • Fixed
Term. This is a fixed term tenancy of 2-5
years • Electric cooking only

£255.68, Weekly - Affordable Rent
Landlord: One Housing Group

Property Ref: 32788

AFFORDABLE RENT
Accessible Category D
HOOVER TOWER, LANTERNS WAY,
E14
Flat • 1 Bed 2 Person • 8th floor • New build
• Open plan kitchen • Two lifts • Entryphone
• Bathroom with W/C • GCH • No garden •
Car free home • Pets not permitted • Fixed
Term. This is a fixed term tenancy of 2-5
years • Electric cooking only

Advert represents 2 properties
£225.69, Weekly - Affordable Rent
Landlord: One Housing Group

Property Ref: 32789

AFFORDABLE RENT
Accessible Category D
HOOVER TOWER, LANTERNS WAY,
E14
Flat • 2 Bed 3 Person • 8th floor • New build
• Open plan kitchen • Two lifts • Entryphone
• Bathroom with W/C • GCH • No garden •
Car free home • Pets not permitted • Fixed
Term. This is a fixed term tenancy of 2-5
years • Electric cooking only

£252.41, Weekly - Affordable Rent
Landlord: One Housing Group

Property Ref: 32791

AFFORDABLE RENT
Accessible Category C
HOOVER TOWER, LANTERNS WAY,
E14
Flat • 3 Bed 5 Person • 9th floor • New build
• Separate kitchen • Two lifts • Entryphone •
Bathroom with W/C • GCH • No garden •
Car free home • Pets not permitted • Fixed
Term. This is a fixed term tenancy of 2-5
years • Electric cooking only

£255.68, Weekly - Affordable Rent
Landlord: One Housing Group

Property Ref: 32793

AFFORDABLE RENT
Accessible Category D
HOOVER TOWER, LANTERNS WAY,
E14
Flat • 3 Bed 5 Person • 9th floor • New build
• Open plan kitchen • Two lifts • Entryphone
• Bathroom with W/C • GCH • No garden •
Car free home • Pets not permitted • Fixed
Term. This is a fixed term tenancy of 2-5
years • Electric cooking only

Advert represents 3 properties
£255.68, Weekly - Affordable Rent
Landlord: One Housing Group

Property Ref: 32794

AFFORDABLE RENT
Accessible Category D
HOOVER TOWER, LANTERNS WAY,
E14
Flat • 4 Bed 7 Person • 9th floor • New build
• Separate kitchen • Two lifts • Entryphone •
Bathroom with W/C • GCH • No garden •
Car free home • Pets not permitted • Fixed
Term. This is a fixed term tenancy of 2-5
years • Electric cooking only

£260.06, Weekly - Affordable Rent
Landlord: One Housing Group

Property Ref: 32795
















AFFORDABLE RENT
Accessible Category D
HOOVER TOWER, LANTERNS WAY,
E14
Flat • 3 Bed 5 Person • 9th floor • New build
• Separate kitchen • Two lifts • Bathroom
with W/C • GCH • No garden • Car free
home • Pets not permitted • Fixed Term.
This is a fixed term tenancy of 2-5 years
• Electric cooking only

£255.68, Weekly - Affordable Rent
Landlord: One Housing Group

Property Ref: 32797

AFFORDABLE RENT
Accessible Category D
HOOVER TOWER, LANTERNS WAY,
E14
Flat • 1 Bed

For more detailed information about the following adverts please visit the Homeseekers website at www.thhs.org.uk

 <p>AFFORDABLE RENT Accessible Category C HOOVER TOWER, LANTERNS WAY, E14 Flat • 2 Bed 3 Person • 18th floor • New build • Open plan kitchen • Two lifts • Entryphone • Bathroom with W/C • GCH • No garden • Car free home • Pets not permitted • Fixed Term. This is a fixed term tenancy of 2-5 years • Electric cooking only Eligibility : Band 3</p> <p>£252.41, Weekly - Affordable Rent Landlord: One Housing Group</p> <p>Property Ref: 32847</p>	 <p>AFFORDABLE RENT Accessible Category C HOOVER TOWER, LANTERNS WAY, E14 Flat • 1 Bed 2 Person • 19th floor • New build • Open plan kitchen • Two lifts • Entryphone • Bathroom with W/C • GCH • No garden • Car free home • Pets not permitted • Fixed Term. This is a fixed term tenancy of 2-5 years • Electric cooking only</p> <p>£225.69, Weekly - Affordable Rent Landlord: One Housing Group</p> <p>Property Ref: 32848</p>	 <p>AFFORDABLE RENT Accessible Category D HOOVER TOWER, LANTERNS WAY, E14 Flat • 2 Bed 3 Person • 19th floor • New build • Open plan kitchen • Two lifts • Entryphone • Bathroom with W/C • GCH • No garden • Car free home • Pets not permitted • Fixed Term. This is a fixed term tenancy of 2-5 years • Electric cooking only</p> <p>£252.41, Weekly - Affordable Rent Landlord: One Housing Group</p> <p>Property Ref: 32849</p>	 <p>AFFORDABLE RENT Accessible Category C HOOVER TOWER, LANTERNS WAY, E14 Flat • 2 Bed 3 Person • 19th floor • New build • Open plan kitchen • Two lifts • Entryphone • Bathroom with W/C • GCH • No garden • Car free home • Pets not permitted • Fixed Term. This is a fixed term tenancy of 2-5 years • Electric cooking only</p> <p>£252.41, Weekly - Affordable Rent Landlord: One Housing Group</p> <p>Property Ref: 32850</p>	 <p>AFFORDABLE RENT Accessible Category C HOOVER TOWER, LANTERNS WAY, E14 Flat • 1 Bed 2 Person • 20th floor • New build • Open plan kitchen • Two lifts • Entryphone • Bathroom with W/C • GCH • No garden • Car free home • Pets not permitted • Fixed Term. This is a fixed term tenancy of 2-5 years • Electric cooking only</p> <p>£225.69, Weekly - Affordable Rent Landlord: One Housing Group</p> <p>Property Ref: 32851</p>
 <p>AFFORDABLE RENT Accessible Category D HOOVER TOWER, LANTERNS WAY, E14 Flat • 2 Bed 3 Person • 20th floor • New build • Open plan kitchen • Two lifts • Entryphone • Bathroom with W/C • GCH • No garden • Car free home • Pets not permitted • Fixed Term. This is a fixed term tenancy of 2-5 years • Electric cooking only</p> <p>£252.41, Weekly - Affordable Rent Landlord: One Housing Group</p> <p>Property Ref: 32852</p>	 <p>AFFORDABLE RENT Accessible Category C HOOVER TOWER, LANTERNS WAY, E14 Flat • 2 Bed 3 Person • 20th floor • New build • Open plan kitchen • Two lifts • Entryphone • Bathroom with W/C • GCH • No garden • Car free home • Pets not permitted • Fixed Term. This is a fixed term tenancy of 2-5 years • Electric cooking only</p> <p>£252.41, Weekly - Affordable Rent Landlord: One Housing Group</p> <p>Property Ref: 32853</p>	 <p>AFFORDABLE RENT Accessible Category C HOOVER TOWER, LANTERNS WAY, E14 Flat • 1 Bed 2 Person • 21st floor • New build • Open plan kitchen • Two lifts • Entryphone • Bathroom with W/C • GCH • No garden • Car free home • Pets not permitted • Fixed Term. This is a fixed term tenancy of 2-5 years • Electric cooking only</p> <p>£225.69, Weekly - Affordable Rent Landlord: One Housing Group</p> <p>Property Ref: 32854</p>	 <p>AFFORDABLE RENT Accessible Category D HOOVER TOWER, LANTERNS WAY, E14 Flat • 2 Bed 3 Person • 21st floor • New build • Open plan kitchen • Two lifts • Entryphone • Bathroom with W/C • GCH • No garden • Car free home • Pets not permitted • Fixed Term. This is a fixed term tenancy of 2-5 years • Electric cooking only</p> <p>£252.41, Weekly - Affordable Rent Landlord: One Housing Group</p> <p>Property Ref: 32855</p>	 <p>AFFORDABLE RENT Accessible Category C HOOVER TOWER, LANTERNS WAY, E14 Flat • 2 Bed 3 Person • 21st floor • New build • Open plan kitchen • Two lifts • Entryphone • Bathroom with W/C • GCH • No garden • Car free home • Pets not permitted • Fixed Term. This is a fixed term tenancy of 2-5 years • Electric cooking only</p> <p>£252.41, Weekly - Affordable Rent Landlord: One Housing Group</p> <p>Property Ref: 32856</p>
 <p>AFFORDABLE RENT Accessible Category G HEWLETT ROAD, E3 Flat • 1 Bed 2 Person • 1st floor • Separate kitchen • No Lift • Bathroom with W/C • GCH • No garden • Permit parking • Pets not permitted • Fixed Term. This is a fixed term tenancy of 5 years.</p> <p>£191.77, Weekly - Affordable Rent Landlord: Circle 33 HA</p> <p>Property Ref: 32869</p>	 <p>AFFORDABLE RENT Accessible Category F CRANE HOUSE, ROMAN ROAD, E3 Maisonette • 3 Bed 5 Person • 2nd floor • Separate kitchen • One lift • Separate Bathroom and W/C • GCH • No garden • Residents parking scheme • Pets not permitted • Fixed Term. This is a fixed term tenancy of 5 years.</p> <p>£243.74, Weekly - Affordable Rent Landlord: OLD FORD HA</p> <p>Property Ref: 32875</p>	 <p>AFFORDABLE RENT Accessible Category G ELSA STREET, E1 Flat • 2 Bed 3 Person • 1st floor • Separate kitchen • No Lift • Bathroom with W/C • GCH • No garden • Permit parking • Pets not permitted • Fixed Term. This is a fixed term tenancy of 5 years.</p> <p>£189.57, Weekly - Affordable Rent Landlord: Circle 33 HA</p> <p>Property Ref: 32868</p>	 <p>AFFORDABLE RENT Accessible Category G FARADAY HOUSE, BRIGHTLINGSEA PLACE, E14 Flat • 1 Bed 2 Person • 3rd floor • Separate kitchen • No Lift • Entryphone • Bathroom with W/C • GCH • No garden • Permit parking • Pets not permitted • Fixed Term. This is a fixed term tenancy of 5 years.</p> <p>£209.77, Weekly - Affordable Rent Landlord: Circle 33 HA</p> <p>Property Ref: 32871</p>	 <p>AFFORDABLE RENT Accessible Category C HOOVER TOWER, LANTERNS WAY, E14 Flat • 3 Bed 5 Person • 7th floor • New build • Separate kitchen • Two lifts • Entryphone • Bathroom with W/C • GCH • No garden • Car free home • Pets not permitted • Fixed Term. This is a fixed term tenancy of 2-5 years • Electric cooking only</p> <p>£255.68, Weekly - Affordable Rent Landlord: One Housing Group</p> <p>Property Ref: 32776</p>

WOULD YOU LIKE TO MOVE TO ANOTHER PART OF LONDON?

Would you benefit from being nearer work or training? Do you have spare bedrooms in your home? Would you like to live closer to family or friends?

If your answer is ‘yes’ to any of these questions, and you currently live in social housing, the Mayor of London’s Housing Moves scheme may be just what you’re looking for.

Housing Moves offers Londoners living in social housing the chance to move home within the capital.

London boroughs and housing associations advertise homes available to social tenants from other parts of London on the Housing Moves website. The number of properties on offer through the scheme at any given time varies. But regular website visitors will see properties of all types and sizes across London.

- Priority is given to applicants who:
- are in work or training
 - currently have more bedrooms than they need
 - wish to move in order to provide care for friends or relatives
 - do not have enough bedrooms for their needs

People who move through the scheme become a tenant of the council or housing association that manages the property. The new landlord will give you information about the type of tenancy offered and the rent and service charges you will be expected to pay. Some of this information is also available on the Housing Moves website.

Housing Moves is open to social housing tenants with an assured or secure tenancy. You are not eligible if you are on an introductory or starter tenancy, or you are in temporary accommodation. Applicants must live in a borough that is contributing properties to the scheme. You must have had no rent arrears for at least 12 months and must not be going through possession procedures or being evicted.

Once you have registered, you application will be checked by your landlord. If your landlord is happy to approve your application, you will then be able to bid for properties through the website.

To find out more and to apply go to www.housingmoves.org

If you have any questions about the scheme, please contact your landlord. Housing Moves is very popular, so we cannot guarantee a move to everyone who applies.

The scheme is operated by the Mayor of London.

The Mayor of London also runs the Seaside & Country Homes scheme. This is a scheme to help London’s older social tenants to move to flats and bungalows in the countryside or on the coast. Visit www.housingmoves.org for more information about the scheme and to register.



MAYOR OF LONDON



Inspiring minds through opportunity

Headteacher: Gillian Kemp

Enquiries: admin@cyriljackson.towerhamlets.sch.uk

www.cyriljackson.towerhamlets.sch.uk

020 7987 3737

TEACHING ASSISTANT POST - Scale 3

33 Hours per week - Term Time Only

Cyril Jackson is a vibrant, split-site, two-form entry primary school close to the heart of Canary Wharf. The Governors, staff and parents are seeking to appoint a Teaching Assistant to support the existing school team in providing a supportive, stimulating environment in which each child is enabled and encouraged to attain the highest standard of achievement possible.

We are looking for someone who:

- ♦ GCSE at level A- C in English and Mathematics
- ♦ NVQ Level 2 or above
- ♦ Proven skills in behaviour management
- ♦ Experience working with SEN children
- ♦ Reliable with an excellent attendance record
- ♦ Committed to team work, networking and working in partnership with the whole school community
- ♦ Commitment to their own professional development

We offer:

- ♦ A welcoming, vibrant and inclusive school community
- ♦ Children who are eager to learn, committed staff, governors and parents
- ♦ Excellent professional development opportunities, as well as a thorough induction programme
- ♦ Supportive, dynamic staff
- ♦ A staff well-being project

Cyril Jackson Primary school is committed to safeguarding and promoting the welfare of children and expects all staff and volunteers to share this commitment. The successful candidate will require an enhanced DBS clearance.

Application forms, job descriptions and relevant recruitment policies can be downloaded from the school website.

Application closing date – 9:00 am on Tuesday 14th July 2015
Interviews – Monday 20th July 2015



Inspiring minds through opportunity

Headteacher: Gillian Kemp

Enquiries: admin@cyriljackson.towerhamlets.sch.uk

www.cyriljackson.towerhamlets.sch.uk

020 7987 3737

MIDDAY MEALS SUPERVISOR POST

Monday - Friday (7.5-10 hours)

Pay Scale 1 Point 8 - Pro Rata

Cyril Jackson is a vibrant, split-site, two-form entry primary school close to the heart of Canary Wharf. The Governors, staff and parents are seeking to appoint a Midday Meals Supervisor to support the existing school team in providing a supportive, stimulating environment in which each child is enabled and encouraged to attain the highest standard of achievement possible.

We are looking for someone who:

- ♦ has experience of working with SEN children
- ♦ is enthusiastic and will participate in playground games
- ♦ is willing to undertake training
- ♦ has a sense of humour
- ♦ is a pro-active, hard-working and supportive team member

We offer:

- ♦ a diverse community of well-behaved and friendly children, who are motivated to achieve and deserve the best
- ♦ a dynamic, talented, successful and forward-thinking team of professionals
- ♦ opportunities for your continuous professional development
- ♦ an exceptionally well-resourced curriculum

Cyril Jackson Primary School is committed to safeguarding and promoting the welfare of children and expects all staff and volunteers to share this commitment. The successful candidate will require an enhanced DBS clearance.

Application forms, job descriptions and relevant recruitment policies can be downloaded from the school website.

Application closing date – 9:00 am on Tuesday 14th July 2015
Interviews – Monday 20th July 2015



Weavers Fields Community Nursery requires

Early Years Practitioner | REF: WFCN05

37.5 hours per week

Shift work between the hours of 8.00am and 6.00pm

Pay rate: £21,196 per annum

A full and relevant level 3 childcare qualification on Department for Education Qualification website or equivalent. A minimum of 2 years experience of working with children under 2 essential.

For an application pack please email: recruitment@eynth.org.uk Or send in an A4 90p stamped addressed envelope to Early Years Network Tower Hamlets, 15 Kelsey Street, London E2 6HD
Closing Date: 24th July 2015



UNEMPLOYED AND LOOKING FOR A JOB!

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Make a difference!
Change your life!
Find employment...

- Capacity Building • Employment Support
- CV Preparation • Job Search • Application Support
- Work Placement • Basic IT Training

For more information please contact:

020 7739 7678

Boundary Community School
20 Club Row, London E2 7EY
E-mail: info@bcs-jobnet.co.uk

Pathways to Employment Skills
Project supported by:



To advertise in East End Life,
call **Sharan on 7364 4061**,
Chris on 7364 4994 or
Fatima on 7364 4623

SHANGHATI LITERARY SOCIETY WISHES TO APPOINT A

Project Co-ordinator

(2.5 days per week for 18 months)

£14,600 pa inclusive

To be responsible for delivering the new project "Poetry in East End Bengali Migrant's Life 1960-1980", funded by the Heritage Lottery Fund. The co-ordinator will be responsible for recruiting and coordinating community volunteers; providing them with relevant training; and helping them with recording oral history, collecting Bengali and English poems, and producing a printed book.

The project aims to help reveal the rich heritage of poetry in East London during 1960-80, with a particular focus on the Bengali community, covering a decade before after the creation of Bangladesh in 1971, designed to understand the impacts of the tumultuous birth of a new country on Bengali poetry writing. Poetry by non-Bengalis will help bring out the totality of the world of poetry in East London.

The co-ordinator will have previous experience of undertaking community heritage initiatives, partnership working with stakeholders and diverse communities, including engaging volunteers to participate in complex projects. Project management, report writing and IT skills are essential.

To request an application pack or for further information please email shanghati@yahoo.co.uk

Closing date: Monday 5pm, 20 July 2015



Tower Hamlets Homes

Independent Board Members
East London

Great things are happening at Tower Hamlets Homes. We manage more than 21,000 homes and have a fantastic reputation when it comes to diversity and making a sustainable impact in our neighbourhoods. From our achievement in the Stonewall Equality Index to our innovative community gardening projects; from local job creation to a focus on green and sustainability issues; and from our older people champions to our youth ambassadors – at THH we are delivering great services to our diverse communities.

We are now seeking two Independent Board Members who are enthusiastic, supportive and open to change and innovation. An understanding of Governance and strategic business decision making will also be key. In particular we are ideally looking to build the skill set of the Board in one or more of the following areas:

- Finance and Value for Money
- Housing Development and Funding
- Community Investment

For further information please go to:
www.campbelltickell.com/jobs.

For an informal discussion please contact our retained consultant Denise Kirkham on: 07833 475669 or 020 3434 0990.

Closing date: 20 July
Interviews: 29 July





SWANLEA SCHOOL

BUSINESS & ENTERPRISE COLLEGE



Swanlea is a large, vibrant and thriving school in the centre of London. With c.1050 students on roll, a further 210 studying at Swanlea as part of our collaborative Sixth Form, staff at Swanlea have the opportunity to work alongside outstanding colleagues to deliver the curriculum and outstanding student outcomes from 11-19. We are currently looking for exceptional professionals as follows:

Behaviour Support Workers

From £16,822

35 hours per week, term time only (39 weeks per year) • One-year fixed term

We require keen individuals to monitor and control pupils' and visitors' access to and around the building. You will need to be firm but fair in your dealings with people and willing to be trained to administer basic First Aid. Fluency in English is a requirement. You should be a highly motivated individual and it would be an advantage if you already have some experience of working with young people.

Teaching Assistants - Inclusion Faculty

From £14,900

31 hours per week, term time only (39 weeks per year) • One-year fixed term

You will be providing support for learning in order to raise achievement for all pupils, encouraging them to become independent learners. You will be required to work one-to-one with individual students and with small groups, both within the classroom and in groups outside the classroom. This is an excellent opportunity for those considering teaching as a career to gain valuable insights and experience into the way pupils learn.

We are looking for highly motivated individuals who are graduates, but we are willing to consider those educated to at least A level standard, and it would be an advantage if you already have some experience of working with young people.

For more information and to apply, please email Rosie Gavens at rgavens@swanlea.towerhamlets.sch.uk or go to: www.teshirewire.com/SwanleaSchool/E15DJ

Closing date: 9.00am on 13th July 2015. Interviews: w/c 13th July 2015.

Swanlea School is committed to safeguarding and promoting the welfare of children and young people and expects all staff and volunteers to share this commitment. All posts are subject to a satisfactory enhanced Disclosure and Barring Service check and references.

Public notices

THE LONDON BOROUGH OF TOWER HAMLETS

ROAD TRAFFIC REGULATION ACT 1984 - SECTION 14 (1)

TEMPORARY PROHIBITION OF TRAFFIC – LEYDEN STREET E1

NOTICE IS HEREBY GIVEN, that the Council of the London Borough of Tower Hamlets proposes to make an Order, which will prohibit vehicular traffic from entering, stopping or proceeding the following prohibition:

Location: Leyden Street between its junction with Cobb Street and its junction with Wentworth Street;

Reason: To allow essential replacing of a number of electrical link boxes to be carried out on the public highway by SKANSKA;

Alternative Route: For vehicular traffic will be via Cobb Street and Middlesex Street;

Period: The restriction on vehicular traffic will operate from Tuesday 28th July 2015 to Monday 3rd August 2015.

Please refer any queries regarding the above traffic restriction to Dave Pryce, Network Coordinator, Clean, Green and Highways on 020 7364 6898 or email, david.pryce@towerhamlets.gov.uk

Dated: 6th July 2015

SIMON BAXTER
INTERIM SERVICE HEAD,

PUBLIC REALM MULBERRY PLACE 5 CLOVE CRESCENT LONDON E14 2BG

THE LONDON BOROUGH OF TOWER HAMLETS ROAD TRAFFIC REGULATION ACT 1984 – SECTION 16(A) TEMPORARY PROHIBITION OF TRAFFIC

FORD ROAD “SUMMER FESTIVAL” EVENT ORDER 2015

NOTICE IS HEREBY GIVEN that the Council of the London Borough of Tower Hamlets made the above-mentioned Order under section 16A of the Road Traffic Regulation Act 1984 (as amended by Special Events Act 1994). The effect of the Order will be to prohibit vehicular traffic from entering or stopping in Ford Road to the northernmost end from its junction with Roman Road.

The restrictions on vehicular traffic will enable the “Summer Festival” Event to be held on the public highway.

There are no alternative routes for vehicular traffic as it is a cul-de-sac or dead end road.

Access will be provided for Police, Fire and Ambulance vehicles in an emergency or access may also be provided with the permission of a police

officer in uniform.

The Order will operate on Sunday 19th July 2015 from 09:00 hours until 21:00 hours when traffic signs and cones are placed on the public highway.

Please refer any queries regarding traffic restriction to Naznin Chowdhury, Roman Road Town Centre Manager, on 020 7364 6809 or email naznin.chowdhury@towerhamlets.gov.uk

Dated: 6th July 2015

SIMON BAXTER
INTERIM SERVICE HEAD,
PUBLIC REALM
MULBERRY PLACE
5 CLOVE CRESCENT
LONDON E14 2BG

THE LONDON BOROUGH OF TOWER HAMLETS ROAD TRAFFIC REGULATION ACT 1984 - SECTION 14 (1)

TEMPORARY PROHIBITION OF TRAFFIC – NARROW STREET E14

NOTICE IS HEREBY GIVEN, that the Council of the London Borough of Tower Hamlets, with the agreement of Transport for London, proposes to make an Order, which will prohibit vehicular traffic from entering, stopping or proceeding the following temporary prohibition:

- Location: Narrow Street between its junction with Spert

Career Opportunities

All boroughs are unique. Many are vibrant and multicultural. Some have a rich historical background. Others have a modern edge. Tower Hamlets is all of these - it's got the TH buzz that's felt by those who live and work here....



Infrastructure Planning Manager

Development & Renewal Directorate

Ref: DEV00542 | Fixed term contract | Closing date: 14.07.15

£58,950 - £61,914

per annum (pro rata)

Homelessness Assessments Team Manager

Development & Renewal Directorate

Ref: DEV00552 | Closing date: 19.07.15

£43,620 - £46,359

per annum

Social Worker/Personal Advisor

Education, Social Care and Wellbeing Directorate

Ref: ESW00574 | Part Time 17.5 hours per week

Closing date: 15.07.15

£32,157 - £41,811

per annum (pro rata)

Play and Learning Worker

Education, Social Care and Wellbeing Directorate

Ref: ESW00495 | Closing date: 05.07.15

£26,337 - £27,879

per annum

Play and Learning Worker

Education, Social Care and Wellbeing Directorate

Ref: ESW00564 | Closing date: 05.07.15

£26,337 - £27,879

per annum

THAMES Music Tutors

Education, Social Care and Wellbeing Directorate

Ref: ESW00554 | Closing date: 03.07.15

£21.38 - £29.49

per hour

Woodwork Tutor

Communities, Localities and Culture Directorate

Ref: CLC00684 | Sessional hours | Closing date: 30.08.15

£20.78 - £26.35

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www.towerhamlets.gov.uk/careers

We shall ensure fairness and equal opportunities throughout our workforce and in service delivery. We welcome applications from suitably skilled candidates regardless of ethnicity, gender, disability, sexuality, religion or age.



INVESTORS
IN PEOPLE

Silver



Street and its junction with Horseferry Road;

- Reason: To allow essential resurfacing works to be carried out on the public highway by CVU on behalf of Transport for London;

- Alternative Route: For vehicular traffic will be via Horseferry Road (northbound), Horseferry Road (westbound), Spert Street and Narrow Street (westbound);.

- Period: On Saturday 1st August 2015 from 08:00 hours until 18:00 hours.

Please refer any queries regarding the above traffic restriction to John Parsons, Network Coordinator, Clean, Green and Highways on 020 7364 6680 or email, john.parsons@towerhamlets.gov.uk

Dated: 6th July 2015

SIMON BAXTER
INTERIM SERVICE HEAD,
PUBLIC REALM
MULBERRY PLACE

5 CLOVE CRESCENT LONDON E14 2BG

THE LONDON BOROUGH OF TOWER HAMLETS ROAD TRAFFIC REGULATION ACT 1984 - SECTION 14 (1) TEMPORARY PROHIBITION OF TRAFFIC – CLUB ROW E1

NOTICE IS HEREBY GIVEN, that the Council of the London Borough of Tower Hamlets proposes to make an Order, which will prohibit vehicular traffic from entering, stopping or proceeding the following prohibition:

Location: Club Row between its junction with Redchurch Street and its junction with Whitby Street;

Reason: To allow essential works to be carried out on the public highway by Neilcott Construction Limited;

Alternative Route: For vehicular

traffic will be via Whitby Street, Chance Street, Redchurch Street and Club Row or Redchurch Street, Bethnal Green Road and Club Row and vice versa;

Period: From Monday 27th July 2015 to Thursday 6th August 2015.

Please refer any queries regarding the above traffic restriction to Dave Pryce, Network Coordinator, Clean, Green and Highways on 020 7364 6898 or email, david.pryce@towerhamlets.gov.uk

Dated: 6th July 2015

SIMON BAXTER
INTERIM SERVICE HEAD
PUBLIC REALM
MULBERRY PLACE
5 CLOVE CRESCENT
LONDON E14 2BG

NOTICE OF APPLICATION FOR PLANNING PERMISSION

Under Article 13 Of The Town and Country Planning (Development Management Procedure) (England) Order 2015 The Town And Country Planning Act 1990 (As Amended)

Date of notice: 06-Jul-2015

In accordance with the above act and related legislation, notice is hereby given that the application forms, plans and other documents submitted in relation to the proposal noted below may be examined at the London Legacy Development Corporation reception Level 10, 1 Stratford Place, Montfichet Road, London E20 1EJ. The reception is open from 09:00 – 17:00 Monday to Friday by appointment only telephone number 020 3288 8820. The above documents are also available to download from the Planning Register on the Planning Policy and Decisions Team website <http://planningregister.londonlegacy.co.uk>.

Anyone who wishes to make comments about the application should write to the address below quoting the relevant

Application Reference Number: Director of Planning Policy and Decisions Team, London Legacy Development Corporation, Level 10, 1 Stratford Place, Montfichet Road, London E20 1EJ. Alternatively comments can be made by email to: planningenquiries@londonlegacy.co.uk Comments should be submitted within 21 days of the date of this notice and should be received by **26 Jul-2015**.

Application Reference No: 15/00278/FUL **Application Site:** Land at Bream Street at the junction of Stour Road & Dace Road, Fish Island, London **Description of Proposal:**

Demolition of existing building, existing structures, removal of existing trees and associated site clearance to enable a mixed use development of 7 buildings and basement to provide up to 24,989m2 of floorspace (GIA) comprising employment (Use Classes B1-B8), residential (Use Class C3) (up to 204 units), retail (Use Classes A1 and A3) and exhibition/leisure uses (Use Class D1/D2), parking and servicing space, hard and soft landscaping, public realm, creation of new vehicular access and other associated works. **Applicant's name:** LONDON AND QUADRANT HOUSING TRUST **Dated:** 06 Jul-2015; **Authorised by:** Anthony Hollingsworth **On Behalf of:** London Legacy Development Corporation, Planning Policy and Decisions Team.

Public & Legal Notices

Why you should read these.

Public and Legal notices could effect you in many ways. These notices inform the public of planning act notices from roads to buildings as well as licensing act notices, insolvency acts, notices to creditors, missing beneficiaries etc.

Public & Legal Notices

LONDON BOROUGH OF TOWER HAMLETS

PLANNING (LISTED BUILDINGS AND CONSERVATION AREAS) ACT 1990, SECTIONS 10, 67 AND 73

APPLICATIONS FOR LISTED BUILDING CONSENT AND APPLICATIONS FOR DEVELOPMENT WHICH WOULD IN THE OPINION OF THE LOCAL PLANNING AUTHORITY AFFECT THE CHARACTER OR APPEARANCE OF AN AREA DESIGNATED AS A CONSERVATION AREA OR WOULD AFFECT THE SETTING OF A LISTED BUILDING.

485-487 Bethnal Green Road, London, E2 9QH **PA/15/1525/LAB**
Two-storey apartment on roof.

Block T, 91 Brick Lane, London, E1 6QL **PA/15/1359/SHA**
Alterations to part of the ground floor east and south elevations, partial replacement roof and small retail extension.

The Vicarage at 96, 100 St Stephens Road, London **PA/15/1654/KFL**
Application for Full Planning Consent for the basement accommodation to be separated out to form an independent dwelling / basement flat.

Queen Mary University Of London, 327 Mile End Road, London, E1 4NS **PA/15/1658/HDH**
Handrails to be positioned on the existing steps and ramp to comply with DDA regulations.

100 Whitechapel Road, London, E1 1JG **PA/15/462/SBU**
Application for variation of condition no. 17 (to enable the retail floorspace to be used flexibly and not constrained to three units), of planning permission dated 11/11/2013 ref: PA/13/01168.

Wickham House, 69-89 Mile End Road and 10 Cleveland Way, London, E1 **PA/14/3547/PLA**

Refurbishment of former Wickham's department store comprising: retention of facade of former Spiegelhalter's shop at 81 Mile End Road to provide new entrance, change of use of second floor to office (Use Class B1), change of use of basement to a flexible retail/leisure use (Use Class A1-A4/D1/D2) and erection of roof extensions at third and fourth storey levels to provide 1,481sqm (GIA) of additional office space (Use Class B1); as well as reconfiguration of internal layout, restoration of external features and other associated works.

[AMENDED PROPOSAL: retention and refurbishment of front elevation of Spiegelhalter's shop at 81 Mile End Road and minor alterations and refurbishment of the Cleveland Way elevation]

The Royal Foundation Of St Katharine, 2 Butcher Row, London, E14 8DS **PA/15/1649/RLA**

Temporary Meanwhile Project (to be dismantled latest October 2018) on the currently vacant site to the North of the main Foundation site, comprising artist studios, community facilities with cafe, community office and open air cinema.

29 Vyner Street, London **PA/15/1632/LAB**
Refit of 2 Nr existing commercial units to new coffee roastery with adjoining coffee shop, operating as a single entity.

119 Poplar High Street, London, E14 0AE **PA/15/1631/CSK**
RELOCATION AND REPLACEMENT OF AC UNITS AT ROOF LEVEL.

23 Elder Street, London, E1 6BT **PA/15/1646/KHA**
Alteration to kitchen screen and glazing together with boiler flue outlet.

Site at the former Bishopsgate Goods Yard, Braithwaite Street E1 **PA/14/2096/NAS**

Restoration and repair of existing Grade II listed Braithwaite Viaduct and adjoining structures to provide for proposed class A1/A2/A3/A5 retail use at ground and basement levels. Structural interventions proposed to stabilise London Road structure, removal of sections of London Road roof to create openings over proposed new public squares; formation of new shopfront openings, installation of new means of public access up to park level. Part removal of adjoining unlisted wall on Brick Lane to provide improved public realm and pedestrian access into the site. (REVISIONS SUBMITTED)

88 Mile End Road, London1 **PA/15/1664/JTH**
Change of use class from D1 to C3 residential to convert the first floor level to create 2 studio flats and one 2 bedroom flat with minor external alterations.

Queen Mary And Westfield College, 327 Mile End Road, London, E1 4NS **PA/15/1660/HDH**
Proposed handrails to be added to the existing steps and ramp in order for them to comply with the DDA regulations.

Nelson House, 3 Cold Harbour, London, E14 9NS **PA/15/1329/SAE**
Felling of tree in rear garden(1 x Ailanthus altissima)(Tree of Heaven) due to tree rot /damage.

London Borough of Tower Hamlets Call for Sites Information Gathering



The Council is carrying out a 'Call for Sites' information gathering exercise from: **Monday 6 July 2015 to Monday 3 August 2015**

The 'Call for Sites' is an opportunity to update information on development sites and inform the Council's existing evidence base on matters including housing, Gypsies and Travellers, employment and infrastructure such as schools and open space. It does not allocate land or make any decisions on use allocations. The suitability of the sites for allocation will be considered after the 'Call for Sites', as part of the preparation of the Tower Hamlets Local Plan.

The Council is particularly interested in sites that it has not considered before and welcome suggestions that meet the Call for Sites' criteria. Sites do not need to be within your ownership or control and can be in any part of the Borough, excluding the area captured by the London Legacy Development Corporation.

How to submit sites?

If you know of a site that could be put to good use in the future, you should first consider if it meets the criteria set out in the 'Call for Sites' Guidance Note. If it does we would like you to tell us about it by returning the 'Call for Sites' Submission Form.

The 'Call for Sites' Submission Form and Guidance Note are available on the Council's website, and also at the Council's Town Hall at Mulberry Place, Idea Stores and libraries.

Forms should be returned to the Council no later than **5pm on Monday 3 August 2015** through the one of the following methods:

Email: planmaking@towerhamlets.gov.uk

Post: FREEPOST RRBK – TZER – UTAU
Local Plan Call for Sites
D&R Strategic Planning
London Borough of Tower Hamlets,
PO BOX 55739
London E14 1BY

The Strategic Planning: Plan Making Team is available to provide assistance if you have any questions and can be contacted at:

Email: planmaking@towerhamlets.gov.uk **Tel:** 020 7364 5009

Bethnal Green Methodist Church,
Approach Road, London, E2 9JP
The Methodist 'Orb' with text below 'Bethnal Green Methodist Church'.

PA/15/1584/HDH

32-40 Hackney Road, London
Development of new office (Use Class B1) in vacant undercroft of existing residential block, including enclosure of existing undercroft opening on east elevation at ground floor level and relocation of residential bin store.

PA/15/1682/ADW

121 Poplar High Street, London, E14 0AE
Proposed new roller shutters to the front of the shop, shopfront changes and proposed condensing units outlets.

PA/15/0539/KFL

The following are householder applications and in the event of an appeal against a refusal of planning permission, which is to be dealt with on the basis of representations in writing, any representations made about these applications will be sent to the secretary of state, and there will be no further opportunity to comment at appeal stage.

106 Old Ford Road, London, E2 9PW
Replacement of single glazed sash windows with identical double glazed sash windows.

PA/15/1636&1637/EBW

5 Campbell Road, London, E3 4DS
Erection of a full width rear extension.

PA/15/1567/BMC

71 Wellington Row, London, E2 7BB
Extension works for a ground floor side return extension and a first floor extension above the existing building footprint.

PA/15/1665/KHA

Copies of the applications and plans may be inspected between the hours of 9am-1pm, Monday to Friday at the Planning Department, Mulberry Place, Clove Crescent, London, E14 2BG. The information will also be available on the Council's web site at www.towerhamlets.gov.uk. If you respond by email, please tell us your postal address.

Any person who wishes to make representations relating to any of these applications should do so, in writing, within a period of 21 days from the date of publication of this notice to the Development Control Manager at the above address.

Dated: 6th July 2015
OWEN WHALLEY
Head of Planning and Building Control



LONDON BOROUGH OF TOWER HAMLETS

TOWN & COUNTRY PLANNING ACT 1990

MAJOR APPLICATIONS UNDER ARTICLE 13(4)) OF THE TOWN AND COUNTRY PLANNING (DEVELOPMENT MANAGEMENT PROCEDURE) ORDER 2010 AND OTHER SIGNIFICANT APPLICATIONS.

NOTICE IS HEREBY GIVEN THAT THE LONDON BOROUGH OF TOWER HAMLETS IS CONSIDERING THE FOLLOWING APPLICATIONS:

100 Whitechapel Road, London, E1 1JG
Application for variation of condition no. 17 (to enable the retail floorspace to be used flexibly and not constrained to three units), of planning permission dated 11/11/2013 ref: PA/13/01168.

PA/15/462/SBU

Wickham House, 69-89 Mile End Road and 10 Cleveland Way, London

PA/14/3547/PLA

Refurbishment of former Wickham's department store comprising: retention of facade of former Spiegelhalter's shop at 81 Mile End Road to provide new entrance, change of use of second floor to office (Use Class B1), change of use of basement to a flexible retail/leisure use (Use Class A1-A4/D1/D2) and erection of roof extensions at third and fourth storey levels to provide 1,481sqm (GIA) of additional office space (Use Class B1); as well as reconfiguration of internal layout, restoration of external features and other associated works.

[AMENDED PROPOSAL: retention and refurbishment of front elevation of Spiegelhalter's shop at 81 Mile End Road and minor alterations and refurbishment of the Cleveland Way elevation]

Site at the former Bishopsgate Goods Yard, Braithwaite Street E1

PA/14/2011/NAS

Revisions have been submitted to the OUTLINE application for the comprehensive mixed use redevelopment of the site comprising:

- Residential (Class C3) comprising up to 1,356 residential units;
- Business Use (Class B1) – up to 65,859 sqm (GIA);
- Retail, financial and professional services, restaurants and cafes and hot food takeaways (Class A1, A2, A3 and A5) – up to 17,499 sqm (GIA); of which only 2,184 m² (GIA) can be used as Class A5;
- Non-residential Institutions (Class D1) – up to 495 sqm (GIA);
- Assembly and Leisure (Class D2) – up to 661 sqm (GIA);
- Public conveniences (sui generis) – up to 36 sqm (GIA);
- Ancillary and plant space – up to 30,896 sqm (GIA);
- Basement – up to 8,629 sqm (GIA);
- Formation of new pedestrian and vehicular access and means of access and circulation within the site; and
- Provision of 22,642 sqm of new public open space and landscaping.

The application proposes a total of 12 buildings that range in height, with the highest being 177.6 m AOD and the lowest being 23.6 m AOD.

With all matters reserved save that FULL DETAILS are submitted for alterations to and the partial removal of existing structures on the site and the erection of three buildings for residential (Class C3), namely Plot C (ground level, plus 26-30 storeys, plus plant); Plot F (ground level, plus 46 storeys, plus plant); Plot G (ground level, plus 38 storeys, plus plant) comprising up to 940 of the total residential units; and retail and food and drink uses (A1, A2, A3, A5); and use of the ground and basement

levels of the Braithwaite Viaduct for retail and food and drink / community uses (A1, A2, A3, A5/D1). Works to and use of the Oriel and adjoining structures for retail and food and drink uses (A1, A2, A3, A5).

For that part of the site within LB Tower Hamlets, the proposed development comprises the following mix of uses:

- Up to 91,469 m² (GIA) of Residential use (Class C3);
- Up to 16,670 m² (GIA) of Business Use (Class B1);
- Up to 10,984 M2 (GIA) of Retail Use (Class A1, A2, A3, A5 of which only 1,960 m² (GIA) can be used for hot food takeaways (Class A5);
- Up to 495 m² (GIA) of Non-residential Institution Use (Class D1);
- Up to 661 m² (GIA) of Assembly and Leisure Use (Class D2);
- Up to 36 m² (GIA) of sui generis use;
- Up to 18,147 m² (GIA) of ancillary and plant space;
- Up to 5,224 m² (GIA) of basement.

(THE APPLICATION INCLUDES THE SUBMISSION OF AN ENVIRONMENTAL IMPACT ASSESSMENT)

7 Limeharbour, London, E14 9NQ
PA/15/1502/GGW

Application for Variation of Condition No. 2 (building in accordance with approved plans) of planning permission granted on the 24th December 2014 Ref: PA/14/00293 for "Demolition of the existing building and the construction of a new residential building ranging from 6 to 23 storeys (with additional lower ground level) and comprising 134 residential units, private leisure facilities, a new urban square (including new pedestrian links and hard and soft landscaping), revised vehicle access arrangements, and basement car parking and servicing" to increase the height of the building from consented 78m (AOD) to 84.37m (AOD), to allow for an increase in the height from 23 to 26 storeys, with an increase from 134 to 155 residential units, plus additional alterations to the ground floor to provide a larger refuse storage area, the introduction of a café, an enlarged basement to accommodate more bicycles and minor amendments to the external landscaping.

Copies of the applications and plans may be inspected between the hours of 9am-1pm, Monday to Friday at the Planning Department, Mulberry Place, Clove Crescent, London, E14 2BG. The information will also be available on the Council's web site at www.towerhamlets.gov.uk. If you respond by email, please tell us your postal address.

Any person who wishes to make representations relating to any of these applications should do so, in writing, within a period of 14 days from the date of publication of this notice to the Development Control Manager at the above address.

Dated 6th July 2015
OWEN WHALLEY
Head of Planning and Building Control



LONDON BOROUGH OF TOWER HAMLETS

TOWN AND COUNTRY PLANNING
(ENVIRONMENTAL IMPACT
ASSESSMENT) REGULATIONS 2011NOTICE UNDER ARTICLE 8 OF APPLICATION FOR
PLANNING PERMISSION ACCOMPANIED BY AN
ENVIRONMENTAL STATEMENT

Proposed development at:

Site at the former Bishopsgate Goods Yard, PA/14/2011/NAS
Braithwaite Street E1

Notice is given that DP9 on behalf of Bishopsgate Goodsyrd Regeneration Ltd. are applying to the London Borough of Tower Hamlets for:

A REVISED OUTLINE application for the comprehensive mixed use redevelopment of the site comprising:

- Residential (Class C3) comprising up to 1,356 residential units;
- Business Use (Class B1) – up to 65,859 sqm (GIA);
- Retail, financial and professional services, restaurants and cafes and hot food takeaways (Class A1, A2, A3 and A5) – up to 17,499 sqm (GIA); of which only 2,184 m² (GIA) can be used as Class A5;
- Non-residential Institutions (Class D1) – up to 495 sqm (GIA);
- Assembly and Leisure (Class D2) – up to 661 sqm (GIA);
- Public conveniences (sui generis) – up to 36 sqm (GIA);
- Ancillary and plant space – up to 30,896 sqm (GIA);
- Basement – up to 8,629 sqm (GIA);
- Formation of new pedestrian and vehicular access and means of access and circulation within the site; and
- Provision of 22,642 sqm of new public open space and landscaping.

The application proposes a total of 12 buildings that range in height, with the highest being 177.6 m AOD and the lowest being 23.6 m AOD.

With all matters reserved save that FULL DETAILS are submitted for alterations to and the partial removal of existing structures on the site and the erection of three buildings for residential (Class C3), namely Plot C (ground level, plus 26-30 storeys, plus plant); Plot F (ground level, plus 46 storeys, plus plant); Plot G (ground level, plus 38 storeys, plus plant) comprising up to 940 of the total residential units; and retail and food and drink uses (A1, A2, A3, A5); and use of the ground and basement levels of the Braithwaite Viaduct for retail and food and drink / community uses (A1, A2, A3, A5/D1). Works to and use of the Oriel and adjoining structures for retail and food and drink uses (A1, A2, A3, A5).

For that part of the site within LB Tower Hamlets, the proposed development comprises the following mix of uses:

- Up to 91,469 m² (GIA) of Residential use (Class C3);
- Up to 16,670 m² (GIA) of Business Use (Class B1);
- Up to 10,984 M2 (GIA) of Retail Use (Class A1, A2, A3, A5 of which only 1,960 m² (GIA) can be used for hot food takeaways (Class A5);
- Up to 495 m² (GIA) of Non-residential Institution Use (Class D1);
- Up to 661 m² (GIA) of Assembly and Leisure Use (Class D2);
- Up to 36 m² (GIA) of sui generis use;
- Up to 18,147 m² (GIA) of ancillary and plant space;
- Up to 5,224 m² (GIA) of basement.

This MAJOR application includes the submission of an Environmental Statement under the provisions of the Town and Country Planning (Environmental Impact Assessment) Regulations 2011.

REVISIONS RECEIVED

Copies of the application, plans, environmental statement and all other documents may be inspected between the hours of 9am to 5pm, Monday to Friday at the Planning Office, Mulberry Place, 5 Clove Crescent, London, E14 2BG. The information will also be available on the Council's web site at www.towerhamlets.gov.uk. If you respond by email, please tell us your postal address.

Copies of the environmental statement may be purchased from DP9, 100 Pall Mall, London, SW1Y 5NQ, 020 7004 1700 so long as stocks last. (Price on application)

Any person who wishes to make representations relating to this application should do so in writing, within a period of 14 days from the date of publication of this notice to the Head of Planning at the Planning Office address above.

Dated: 6th July 2015

OWEN WHALLEY
Head of Planning and Building Control



Public notices

THE LONDON BOROUGH
OF TOWER HAMLETS
ROAD TRAFFIC
REGULATION ACT 1984 -
SECTION 6THE TOWER HAMLETS
(PRESCRIBED ROUTE)
(NO.2) TRAFFIC ORDER
2015("LOVEBOX & CITADEL
CONCERTS" VICTORIA
PARK) ORDER 2015

NOTICE IS HEREBY GIVEN that the Council of the London Borough of Tower Hamlets, with the agreement of the London Borough of Hackney, made the above-mentioned Order under Section 6 of the Road Traffic Regulation Act 1984 (as amended by Special Events Act 1994). The effect of the Order will be to prohibit vehicular traffic from proceeding in:

- Grove Road** between its junction with Wetherell Road and its junction with Old Ford Road.
- Old Ford Road** between its junction with Bonner Street and its junction with St. Stephen's Road.
- Grove Road** between its junction with Old Ford Road and its junction with Roman Road.
- Lauriston Road** between its junction with Victoria Park Road and its junction with Wetherell Road.
- Aberavon Road** and Rhondda Grove, at their junctions with Mile End Road.
- Maplin Street**, between its junction with Wentworth Mews and its junction with Mile End Road.

The restriction on vehicular traffic will enable the "LOVEBOX & CITADEL CONCERTS" to take place in Victoria Park. Access will be provided for Police, Fire and Ambulance vehicles in an emergency or access may also be provided with the permission of a Police Officer in uniform.

The Order will operate on Friday 17th July 2015 and Saturday 18th July 2015 from 21:30 hours until 23:59 hours for "Love Box" concert except for Sunday 20th July 2015 from 20:30 hours until 23:30 hours for "Citadel" Concert when temporary traffic signs and cones are placed on the public highway.

If you require any further details please contact Sarah Tschentscher, Festival and Events Officer on 020 7364 7909 or e-mail sarah.tschentscher@towerhamlets.gov.uk

Dated: 6th July 2015

SIMON BAXTER
INTERIM SERVICE HEAD,
PUBLIC REALM
MULBERRY PLACE
5 CLOVE CRESCENT
LONDON E14 2BG

THE LONDON BOROUGH
OF TOWER HAMLETS
ROAD TRAFFIC
REGULATION ACT 1984 -
SECTION 14 (1)
TEMPORARY
PROHIBITION OF
TRAFFIC –
CABLE STREET E1

NOTICE IS HEREBY GIVEN, that the Council of the London Borough of Tower Hamlets proposes to make an Order, which will prohibit vehicular traffic from entering, stopping or proceeding the following temporary prohibition:

Location: Cable Street from a point approximately 10 metres, east, to a point approximately 30 metres, east, from its junction with King David Lane;

Reason: To allow essential works to be carried out on the public highway by JSM Construction Limited;

Alternative Route: For vehicular traffic will be via Glamis Street, The Highway, King David Lane and Cable Street;

Period: On the following weekend:

- On Saturday 1st August 2015 from 08:00 hours until 18:00 hours;
- On Sunday 2nd August 2015 from 10:00 hours until 18:00 hours;

Throughout the duration of the works and at times when the "no entry" and "one way" traffic signs are covered, the existing one way working in Cable Street between its junction with Glamis Street and its junction with King David Lane will be temporarily suspended.

Please refer any queries regarding the above traffic restriction to John Parsons, Network Coordinator, Clean, Green and Highways on 020 7364 6680 or email, john.parsons@towerhamlets.gov.uk

Dated: 6th July 2015

SIMON BAXTER
INTERIM SERVICE HEAD,
PUBLIC REALM
MULBERRY PLACE
5 CLOVE CRESCENT
LONDON E14 2BG

LONDON BOROUGH OF
TOWER HAMLETS
LICENSING ACT 2003
NOTICE OF APPLICATION
FOR A PREMISES
LICENCE

NOTICE IS GIVEN THAT The Yard Theatre, Unit 2a Queen's Yard, E9 5EN has applied to the London Borough of Tower Hamlets Licensing for a Premises license under the Licensing Act 2003, to be standardly open to the public as follows:

- Mondays to Wednesdays – 12:00-00:00
- Thursdays – 12:00-02:00
- Fridays and Saturdays – 12:00-03:00
- Sundays – 12:00-00:00

The licensable activities include the sale of alcohol and provision of regulated

entertainment including music, theatre and film.

Anyone wishing to make representation regarding the application must give notice in writing to The Licensing Section, London Borough of Tower Hamlets, Mulberry Place, 5 Clove Crescent, London, E14 2BG.

Representation must be received no later than 28/07/15.

The application can be viewed at the above address between 10am and 4pm Monday-Friday.

It is an offence under Section 158 of the Licensing Act 2003, to knowingly or recklessly make a false statement in connection with an application and the maximum fine for which a person is liable on summary conviction for the offence is up to level 5 on the standard scale (£5000).

THE LONDON BOROUGH
OF TOWER HAMLETSROAD TRAFFIC
REGULATION ACT 1984 -
SECTION 14 (1)TEMPORARY
PROHIBITION OF
TRAFFIC –
PRINCELET STREET E1

NOTICE IS HEREBY GIVEN that the Council of the London Borough of Tower Hamlets propose to make an Order, which will prohibit vehicular traffic from entering, stopping or proceeding in the following temporary prohibition:

Location: Princelet Street for a distance of approximately 50 metres east of its junction with Brick Lane;

Reason: To allow essential works to be carried out on the public highway by Agility Limited;

Alternative Route: For vehicular traffic will be via Spelman Street, Heneage Street and Brick Lane;

Period: From Monday 27th July 2015 to Friday 31st July 2015.

Throughout the duration of the works, and at times when the "one way" and "no entry" traffic signs are covered, the existing one way working in:

- Heneage Street will be reversed between its junction with Brick Lane and its junction with Spelman Street;
- Princelet Street between its junction with Spelman Street and its junction with Brick Lane will be temporarily suspended.

Please refer any queries regarding the traffic restriction to David Pryce, Network Coordinator, Transport and Highways on 020 7364 6898 or email david.pryce@towerhamlets.gov.uk

Dated: 6th July 2015

SIMON BAXTER
INTERIM SERVICE HEAD
PUBLIC REALM
MULBERRY PLACE
5 CLOVE CRESCENT
LONDON E14 2BG



Arafat in seventh heaven

Eighteen-year-old Arafat Bhuiyan, of Tower Hamlets Cricket Club, took seven wickets for just 12 runs as his team dismissed South Harrow for a paltry 38.

Life's a beach

The seventh annual beach volleyball championships begin at Canary Wharf this week and run until July 26.

Sport

Fencing

TOWER Hamlets Youth Sports Foundation is joining forces with Newham Swords to create a satellite fencing club within the borough.

Six primary schools and six secondary schools will receive extra-curricular coaching with the aim of eventually creating Tower Hamlets Community Fencing Club, thanks to funding from Balfour Beatty Sport Development.

Tai chi

WU'S Tai Chi Chuan Academy in Bethnal Green staged its eighth London Tai Chi competition and attracted more than 140 competitors from the UK and Europe, including 28 juniors and one five-year-old.

Contestants demonstrated a range of forms from different tai chi styles, hand forms and weapons, including the sabre, sword, spear and fan, at Clissold Leisure Centre, Hackney.

Swimming



BROTHERS Daanyaal and Mikayeel Monsur showed their lifesaving skills as part of Drowning Prevention Week.

The two Tower Hamlets youngsters were among several children who gained Royal Lifesaving Society proficiency certificates in the Love To Swim event at Sir John Cass School.

For more details about the sessions and swimming lessons with Love to Swim email Lesley Green at enquiries@lovetoswim.co.uk or visit www.lovetoswim.co.uk

Beach volleyball

THE seventh **Action For Kids Beach Volleyball Championships** takes place from July 6-25 at Canary Wharf.

On July 17 there is a grand tournament, followed by an

elite weekend on July 18-19, where some of Europe's top players will be in action.

Action For Kids aims to support disabled children and young people to live the life they want.

Football

TOWER Hamlets FC are looking for players for their under-15s (current school year 10).

The club will be playing in the Eastern Junior Alliance League next season and require committed players of a high standard.

If you are interested in playing call or text on Edwin on 07904 570660.

Tennis

THE next round of the Docklands Tennis League runs from Thursday, July 16 to Wednesday, September 9.

To enter, you must register by Monday, July 13 at www.localtennisleagues.com/docklands

Table tennis

YOUNGSTERS aged 7-15 can enjoy free coaching at JOOLA Morpeth Community Table Tennis Club.

Up until the summer holidays the club in Morpeth Street, Bethnal Green, is running sessions on Mondays (6-7.30pm, 7- to 15-year-olds) and Saturdays (2-4pm, 7- 12-year-olds).

It is part of the club's children and youth programme, which includes coaching and tournaments for novices.

School teachers who want to contact the club can email morpethttc@gmail.com

Hockey

TOP-of-the-table Wapping ladies A took drew 0-0 with Croystx in their latest summer league match.

Wapping had several chances, but the Croystx defence stood firm at three penalty corners.

Despite frustration in the opposition D, Wapping kept possession well, with midfielders Helen Rogers, Claire Simes and Nina Belk all having strong games.

Volleyball girls up their game in defeat

BY PETER FAULKNER

TOWER Hamlets suffered disappointment at the London Youth Games, losing in volleyball, badminton, hockey and tennis.

The **volleyball** girls showed how much progress they have made finishing ninth overall compared to 15th in 2014.

It meant they narrowly missed out on qualifying for the next stage of the games.

Tower Hamlets were drawn in one of the toughest groups in the round, comprising Richmond and Kingston, and had to play these two teams in their first two games.

Tower Hamlets failed to put Richmond under real pressure and lost 25-16. The Kingston match was a closer affair, with Tower Hamlets giving a good account of themselves before losing 25-20.

Their final three games proved more successful. The girls edged a close and exciting clash with Newham 26-24, then comfortably beat Lambeth 25-21 and Redbridge 25-8.

The mixed **badminton** team of five boys and five girls took part in the under-18 youth



The girls volleyball team narrowly missed out on qualifying

competition and, having been placed in a small group of three they had to win both team matches to reach the finals.

First up were Wandsworth, who boasted three junior international players and a Surrey county player so it was going to be an extremely challenging match for Tower Hamlets.

Wandsworth took the girls singles and boys doubles while the Tower Hamlets pair, Cindy Wong and Mushfika Hussain, won the doubles followed by a win in the mixed doubles by Tower Hamlets Middlesex

county player Mannah Rahman and partner Veronica Ramires, of Sir John Cass School. With the match level at 2-2, the result hinged on the boys singles, but Tower Hamlets and Middlesex under-17 No1 Ujjol Ahmed lost an agonisingly close match 21-17 giving Wandsworth a 3-2 victory.

Tower Hamlets took to the court against Haringey a little down-hearted, but, stepped it up a level to score a convincing 4-1 victory.

The highlight of the match was the 21-5 win for the boys

doubles pairing of Fahim Zubayer (Stepney Green School) and Zihad Hussain (Swanlea).

In the **hockey**, the girls improved on last year's position finishing 18th while the boys missed out on qualification by one place after finishing 13th.

Tower Hamlets were represented by St Paul's Way and Raine's Foundation schools in the **tennis**.

It was a very tough competition but the commitment level shown by the players was admirable, considering the strength of the other teams.



Cricket

TOWER Hamlets Cricket Club continued their fine form to top Division 3 of the Middlesex Championship League for the seventh consecutive week.

They thrashed South Harrow by eight wickets after skittling them for 38 runs. Arafat Bhuiyan, 18, from Poplar was the outstanding performer as he ripped through the South Harrow batting on his way to best ever figures of 7 for 12. His remarkable spell included two double wicket maiden overs.

Arafat was well supported by Zak who picked up the other three wickets. With rain threatening, Tower Hamlets scored 41 for the loss of two wickets to take the full ten points and consolidate their stranglehold on the division.



More inside

For stories on cricket, table tennis, hockey, football and tai chi...

SEE PAGE 35



Take your seat at the table

Free table tennis coaching sessions for 7- to 15-year-olds are being held on Mondays and Saturdays. For full details on how to get involved...

SEE PAGE 35



TOWER HAMLETS

NEWS FROM TOWER HAMLETS COUNCIL AND YOUR COMMUNITY

Kaizen complete Italian job

BY PETER FAULKNER

EAST London's Kaizen Ryu karate club staged their own version of the Italian job – getting their hands on a whole lot of gold for Great Britain in a competition in Sardinia.

Star of the day was Ishaan Tafazzul who, along with many of his club-mates was representing the JKF Goju Kai Great Britain team at the Seiwakai Italy International Championships.

Ishaan, 9, had a trip to remember, winning two individual gold medals.

First up was the light, continuous fighting where the youngsters fought against seasoned kickboxers to bag five silver medals and a bronze.

Tyrique Porter, 12, who was the only Kaizen fighter on the trip representing his club rather than his country, claimed three of those medals by landing some fantastic head level kicks and using his long reach to full advantage.

The senior members performed two kata – kururunfa and suparinpei – where coaches Indran Tanabalan and Marie Tanabalan both got in on the medal-winning action.

The younger members also performed two kata – seuinchin and seipai – and brought the team's tally up to 12 medals in the first half of the competition.

Ishaan, Shanice Porter and Jake Moore won gold medals, Arianne Shaw took silver and Orion Chatterjee claimed a bronze.

The afternoon was dominated by kumite bouts for the kids and was very exciting.

It made the afternoon more interesting when two team members met in the finals after they had fought through the earlier round by defeating Italian kids in opening rounds.

Jake and Orion met in the final match, with Jake coming out on top with a 4-1 win.

The girls didn't disappoint when it was their turn to get in on the action.

Sabiha Amin, 7, clinched a silver medal despite fighting against boys in her division.



The Kaizen Ryu karate fighters after their trophy-winning trip

Sabiha, nicknamed 'stone-face' by her fellow squad members, is known for her no-nonsense attitude and

intense approach to the art of fighting.

Speaking after the tournament, delighted squad coach

Tanabalan said: "I am so proud of what the team has achieved together.

"It is satisfying to see the

self-improvements each and everyone has made, especially as for many of them this is only their first or second international competition."

A total of 19 medals from 11 competitors plus trophies for overall third place in karate and second place in kickboxing... a great achievement.

The JKF Goju Kai GB team are set to travel again to Europe later in the year to compete in the Goju Cup, in Hungary.

They have been preparing for this year's competitions by training with various WKF world champions including Eva Tuleyova-Medvedova and Junior Le Fevre, along with squad coaches Jamie Edmonds and Indran Tanabalan.

To find out more about local karate classes in Tower Hamlets, visit www.kaizenryu.com or call 07743 764234.

You can also find them on Facebook, Youtube and Twitter.

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Swinging out at Crisp Street

Market comes alive with jive at 1950s-style festival

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Know your representative

How to get in touch with the mayor and your councillors

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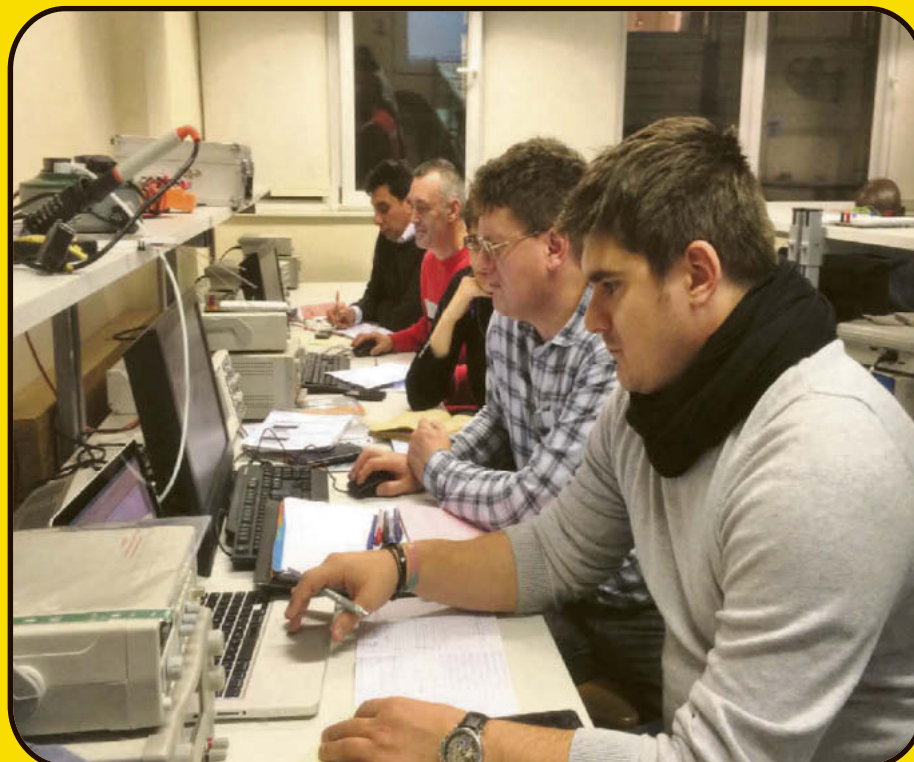
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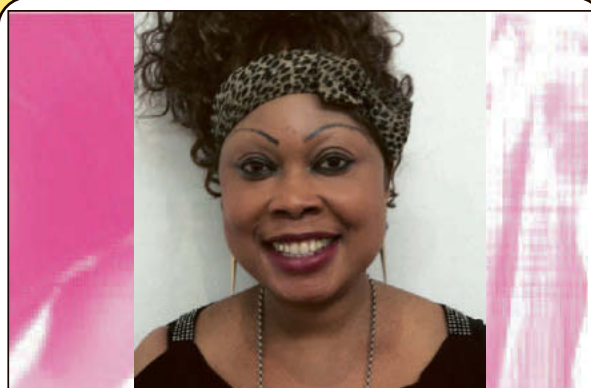
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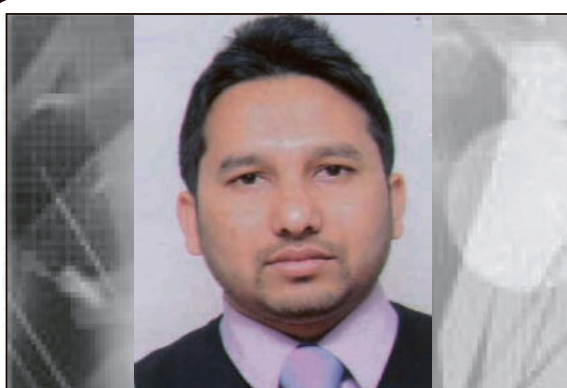
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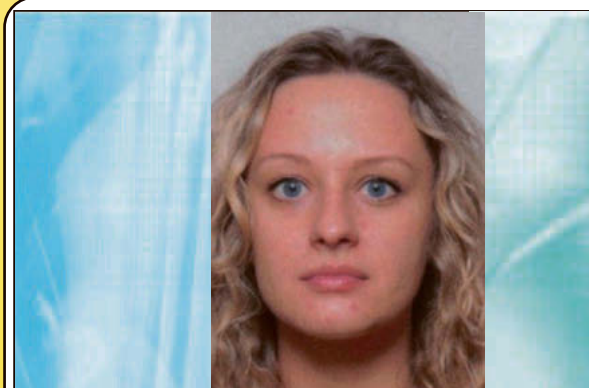
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